name: _____

FOOD FOR FUN AND HEALTH

Write or Draw two items :*t*

Do you prepare food together as a family?

Do you prepare or eat any special or traditional foods in your family?

Are there certain foods that cannot be eaten in your home?

What makes meal time enjoyable at your house?

Do you ever share meals with family or friends?

Share you answers in pairs, small groups or as a classroom activty. What are some similiarities and differences between others in your classroom?