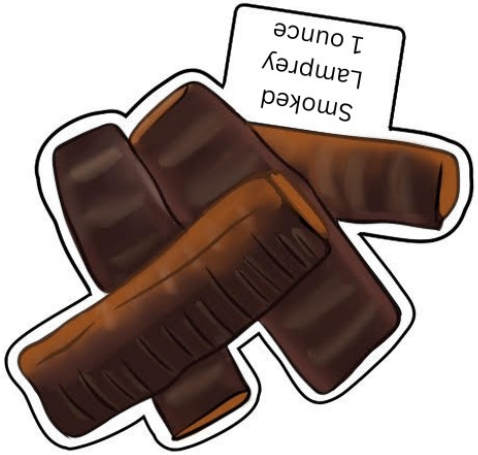
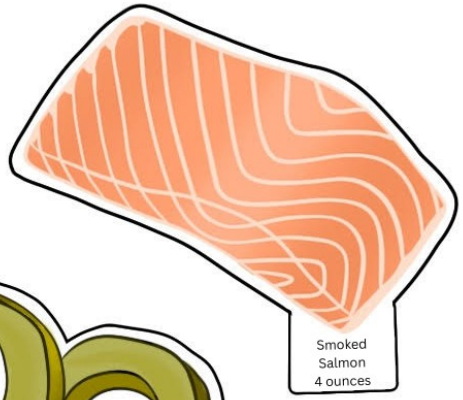
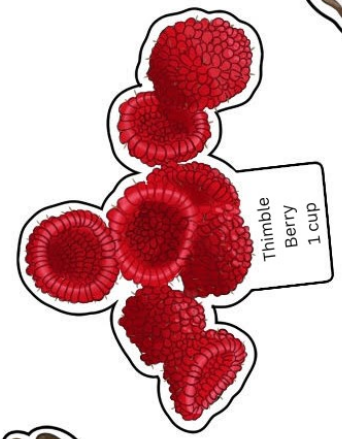

Smoked
Lamprey
1 ounce


3 oysters
Oyster

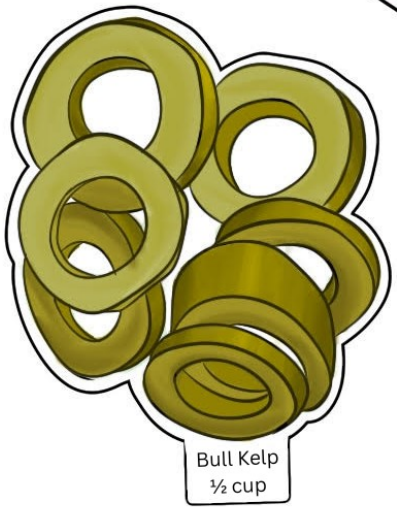

Huckle
Berry
¼ cup


Smoked
Salmon
4 ounces


Urchin
1 ounce


Thimble
Berry
1 cup


Salmon Berry
1 cup


Bull Kelp
½ cup


Myrtle
Nuts
1/4 cup


Tarweed
Seeds
¼ cup


Deer
3 ounces


Acorn Flour
Drink
1 cup


Bog Labrador
Tea
1 cup