How Beaver Got His Flat Tail

Health Worksheet: Identifying Emotions

NAME: _____

Helper Words	
Brag/ Bragging	Talking a lot about yourself without thinking about how others may feel.
Kind	Caring about yourself and others' feelings
Teasing	Making fun of or annoying someone
Hurtful	Causing someone to feel sad or upset

1. **What were some of the lessons of this story?**
   (More than one answer can be true.
   Check all that you think fit the story.)
   - ☐ Words can hurt feelings
   - ☐ Bragging can make others feel bad
   - ☐ Saying "sorry" can help fix a problem
   - ☐ People can learn from mistakes
   - ☐ Other: _____

2. **Which of these things did Beaver do in the story?**
   (Check all that makes sense.)
   - ☐ Bragged about himself
   - ☐ Said unkind things
   - ☐ Didn't think about how others felt
   - ☐ Tried to fix the problem later

3. **Beaver's words affected his friends. Draw a picture that shows how one of his friends felt after Beaver spoke.**

In my picture, the friend feels _____.

4. **If someone's words hurt your feelings, what could you say to take care of yourself?**
   - ☐ "That hurts my feelings."
   - ☐ "Please stop."
   - ☐ "I don't like that."
   - ☐ "That was not kind."
   - ☐ Other: _____.

5. **Beaver changed his behavior. If someone is sorry and tries to change, what should others do?**
   - ☐ Give them another chance
   - ☐ Ask a trusted adult for help
   - ☐ Talk about how you feel
   - ☐ Other: _____

6. **How did this story make you feel?**

(You can draw, write a word, or leave it blank.)