Health Worksheet: What Emotions Do You See?

Name: _____

INDIVIDUAL THINK

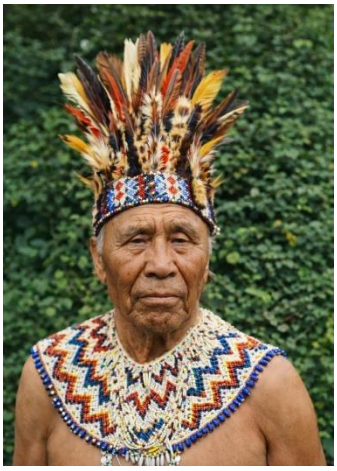
Warm-Up: How Do You Show Emotions?
Show with words and pictures how you look when you feel each emotion.

😊 Happy	😢 Sad	😮 Scared	🤔 Uncertain

Look at Each Picture

1. Circle the emotion you think the person might be feeling.
2. Explain your thinking.

Chiefs

😊 Happy | 😢 Sad | 😮 Scared | 🤔 Uncertain	😊 Happy | 😢 Sad | 😮 Scared | 🤔 Uncertain
	
I think he feels _____ because I noticed_____ _____.	I think he feels _____ because I noticed_____ _____.

Women

😊 Happy | 😢 Sad | 😮 Scared | 😕 Uncertain	😊 Happy | 😢 Sad | 😮 Scared | 😕 Uncertain
	
I think she feels _____ because I noticed_____ _____.	I think she feels _____ because I noticed_____ _____.

Children

😊 Happy | 😢 Sad | 😮 Scared | 😕 Uncertain	😊 Happy | 😢 Sad | 😮 Scared | 😕 Uncertain
	
I think they feel _____ because I noticed_____ _____.	I think they feel _____ because I noticed_____ _____.

GROUP WORK: Turn and Share with a Partner.