# The Voice of CLUSI

November 2024

Issue 11

Volume 25

www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS


# CTCLUSI Celebrates 40th Restoration



Chief Doug Barrett was honored with a Chief's Headdress during the 40th Restoration Celebration. Left to right: Ashley Russell, Kaiə Russell, Chief Doug Barrett, Earla Kirk and Talice Russell



Elder Brenda Brainard shared about the fight for Restoration

Florence, OR – On Saturday, October 12, 2024 the Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians came together in celebration of their 40th Year of Federal Recognition. Thanks to the dedication and hard work of Tribal Citizens and Leadership, the Tribe was once again recognized as a Tribal Sovereign Government with the signing of Public Law 98-481 on October 17, 1984.

The doors to the Three Rivers Casino Resort Events Center opened at 11:00 a.m. to welcome families and guest. Time was spent visiting amongst one another, smiles spread across every face in the crowd. On display, regalia such as pine nut aprons and beautifully woven dance caps could be admired by all. Time could be spent with all of the dugout Canoes as well, as they were all in attendance and held traditional tool displays and cedar bailers and boughs.

Each table held a special 40th Restoration commemorative pen and insulated tumbler gift for all in attendance. Booklets were laid out on the tables that included many years of Tribal event photos. Government staff are working hard to archive photos to keep record. Attendees were asked to look through and write out names and tribal affiliation of anyone pictured to add in these efforts. Many old photographs were identified and attendees enjoyed seeing these cherished moments in time.

Picture displays lined the back wall with highlighted information regarding the Restoration process and the Tribal Citizens who were instrumental in the fight to regain our Restoration and sovereignty and a Tribal Nation.

The Culture and Natural Resource department also handed out pine nuts, dentalium shells, and beads in kits to anyone who wanted to make a necklace or add to their regalia. Information on the amazing Language Revitalization Program was also available. Learners are encouraged to attend online language classes throughout the year.

> *"the fact that we were terminated did not cause us to fade away. On the contrary, our People did not allow this to keep us down. The Tribe maintained a Tribal Government that continues to this day"*
>
> *- Chairman Brad Kneaper*

Chairman Brad Kneaper took to the stage and welcomed everyone to the 40th Restoration Celebration. "While we've been recognized as a Tribe by the Federal Government for 40 years now, we'll always remember that we've always been a Tribe…the fact that we were terminated did not cause us to fade away. On the contrary, our People did not allow this to keep us down. The Tribe maintained a Tribal Government that continues to this day.

All lot of people worked hard to restore what the Government tried to take away from us." Chair Kneaper asked that anyone who aided in the restoration effort to stand and be acknowledged, and also said thanks to all of those who have walked on, so theycontinue to be remembered and thanked for their contributions.

Continuing on in his welcome, Kneaper addressed some of the highlights of the

Continued on page 16


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Confederated Tribes of Coos,
Lower Umpqua and Siuslaw Indians
1245 Fulton Avenue
Coos Bay, OR 97420


## Save the Date:

*Fall Harvest*

**November 16, 2024**

*Winter Solstice*

**December 18 - 22, 2024**

**See page 15 for schedule of Solstice events**

# Tribal Council Business

**Activity of Elected Tribal Council Members from September 8, 2024 - October 13, 2024**

**Chief Doug Barrett**

09/08 Tribal Council Regular Meeting
09/10 ADPEP Monthly meeting
09/11 LaneACT Monthly Meeting
09/12 2024 Victims Crime Summit – Breaking Down Barriers, Culture Committee Meeting
09/13 2024 Victims Crime Summit – Breaking Down Barriers
09/14 Milluck Days Canoe Races and Weaving Tents
09/15 Milluck Days Canoe Races and Weaving Tents
09/16 – 26 – Vacation
09/20 Agness Pow Wow
09/21 Agness Pow Wow – With Salmon Ceremony and Canoe Races
09/25 GFORB Meeting and Tribal Council Business Meeting
09/27 Water Healing Ceremony – Mill Casino
09/28 50 year anniversary of South Slough Reserve / Coos History Museum
09/30 Ground Breaking for Memorial at baldija
10/01 ATNI 2024 Annual Convention at ilani
10/02 ATNI 2024 Annual Convention at ilani, Data Canoe Project scoping OSU / STEM hub
10/03 ATNI 2024 Annual Convention at ilani
10/09 Lane ACT Monthly Meeting
10/10 Leaders Circle
10/11 Relocation of OSU's NAGPRA Assemblage
10/12 CTCLUSI 40th Restoration Celebration
10/13 Tribal Council Meeting / General Council Meeting
Total Hours: 158

**Chair Brad Kneaper**

09/11 Interview in Person for position of Hunting and Fishing Coordinator
09/12 2024 Crime Victims Summit (Three Rivers Casino) Attended morning session
09/19 Meeting (ZOOM) with the U.S. Energy Foundation and others represented on Wind Energy and Green Energy topics
09/25 Gaming Operational Review Board (GFORB), Tribal Council Business Meeting
09/30 Ground Breaking and Blessing for baldija (Gregory Point) Memorial
10/04 Meeting (ZOOM) with Legal
10/07 Interview with 2 applicants for Department Head
10/09 Myself and Legal interviewed for Oregonian Podcast regarding Off Shore Wind and BOEM
10/10 Council report, Leaders Circle: Presentation on Tribe's Draft Climate Change Vulnerability and Risk Assessment; Presentation by Josh Davies on School District 4J NATIVES program and 4J new staff
10/12 40th Annual Celebration of Tribal Restoration held at Three Rivers Casino
Total Hours: 159

**Teresa Spangler, Vice Chair**

09/08 Budget Hearing, Regular Council Meeting
09/12 Crime Victims Summit (In and out both days for small amounts of time when possible)
09/16 Planning meeting for Restoration with Casino Events team and Government Staff
09/25 Business Council Meeting
09/30 Ground Breaking / Blessing for Memorial at Baldija
10/10 Leaders Circle (Zoom Only)
10/12 40th Restoration Celebration
Total Hours: 56

**Debbie Bossley**

09/12 Crime victims summit
09/30 Gregory Point historic wall (memorial wall)
10/10 Leaders Circle
10/12 Restoration
10/13 Council meeting
Total Hours: 30

**Julie Siestreem**

09/08 Budget Hearing, Tribal Council Regular Meeting
09/10 4j IPC monthly meeting
09/14 KoKwell Mill-Luck Salmon Ceremony
09/17 OSU Invasive Species meeting, Education Committee meeting
09/18 Oregon Department of Early Learning and Care
09/21 4j NATIVES PowWow
09/23 Oregon Tribal Advisory Committee Planning meeting, Oregon Tribal Early Learning Presentation prep mtg, Oregon Department of Early Learning and Care Legislative Testimony
09/25 KoKwell Water Healing Ceremony, GFORB meeting, Tribal Council Business meeting
09/26 KoKwell Water Healing Ceremony
09/27 KoKwell Water Healing Ceremony
09/28 50 Year Celebration South Slough Reserve System
09/30 North Bend School District 5 year Planning Session 1 of 3
10/01 City of Coos Bay Indigenous Peoples Proclamation
10/03 CCOHVS Summit
10/04 Pre-School Promise Funding
10/08 4j IPC monthly meeting
10/09 4j Culture meeting
10/10 Tribal Council Leaders Circle
10/12 40th Restoration Confederated Tribes of Coos Lower Umpqua and Siuslaw Indians Celebration
10/13 Tribal Council/General Council Regular meeting
Total Hours: 130

**Iliana Montiel**

09/08 Tribal Council Regular Meeting
09/25 GFORB / Tribal Council Business Meeting
10/07 Attended G2E
10/12 Restoration
Total Hours: 20

**Enna Helms**

09/08 Budget Hearing; Regular Tribal Council meeting
09/25 Tribal Council Business Meeting
09/25-27 9-Tribes Water Healing Ceremony hosted by the Coquille Indian Tribe
09/28 50 years of the South Slough Reserve, the first in the National Reserve system
09/30 Sea Otter Tribal Involvement and Leadership Work Group
10/10 Tribal Council Leaders Circle
10/12 Restoration Celebration
Total Hours: 60

## Can You Find Me?

In this edition of The Voice of CLUSI there is a hidden image of a **ACORN exactly like the one pictured at right**.
It could be any size and on any page, but will look exactly like the one shown here.
If you find it, email mgaines@ctclusi.org to have your name entered into a prize drawing. **In your email you must include your name, age, address (for mailing purposes) and contact phone number. In your email you must also let us know what page and where on the page you spotted the ACORN hiding!**
**Must email by November 15th to be included in the raffle drawing.** Winners will be notified by phone or email and their name will appear in an upcoming edition of the Voice of CLUSI paper. Prizes will vary and are provided by different CTCLUSI Government departments.



**October "Pumpkin" Winners:**

**Adult - Marie Petrie**
**Youth - Grayson Dollins**

**The Pumpkin was hidden on page 13 amongst the photos on the table in the picture second from the bottom of the page**

## Upcoming Tribal Council Meeting

***November 10, 2024***

Begins at 10:00 a.m.

Coos Bay Community Center
338 Wallace Ave., Coos Bay, OR 97420

Login to Citizen Portal for Zoom link

**Corrections from September 2024 Enrollment Posting:**

Tribal Member: Zander Amalikaih Hernandez-Carnation
Parent: Jacqueline May Fung
Parent: Kaitkyn Elizabeth Lemon-Carnation
Lineal Descendant: Mabel Bennett-Barney Lineal Descendant: Etta Carlson Tribe: Coos Tribe

# Information

**QUESTIONS OR SUGGESTIONS?**
The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc.
Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
ATTN: Tribal Council 1245 Fulton Ave.
Coos Bay, Oregon 97420

**COMMITTEE INTEREST LIST**
If you are a Tribal member and interested in being on a committee, please contact Leann James, 541-435-7178 or enrollment@ctclusi.org
We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

**ATTENTION VETERANS AND FAMILIES**
Veterans we need your help. Veterans are honored at the Salmon Ceremony each year. Please contact Jeannie Miller at 541-888-7506 or at email jmiller@ctclusi.org for new requirements needed to be honored.

**US FOREST SERVICE NORTHWEST FOREST PASSES**
Now available at the Tribal Administration Building, Florence and Eugene Outreach offices.
Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

**CHANGES?**
Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., either online at www.ctclusi.org/enrollment or mail to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7538 or Fax: 541-888-2853.

**TRIBAL COUNCIL MINUTES**
The full meeting video is available at www.ctclusi.org If you are an enrolled member of CTCLUSI and would like to receive typed copies of the Tribal Council Meeting minutes please submit a written request to Jeannie Miller at 1245 Fulton Ave. Coos Bay OR 97420 or jmiller@ctclusi.org Please include the meeting date requested, your name, current address, and Tribal Roll number for verification.

# CTCLUSI Departments, Services & Offices

**Government Office**
Lee Ann Wander
Chief Executive Officer
lwander@ctclusi.org

Brian Dubray,
Chief Operating Officer
bdubray@ctclusi.org

Tyler Slyter,
Chief Operation Officer
tslyter@ctclusi.org

1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577

**Eugene Outreach Office**
135 Silver Lane, Suite 200
Eugene, OR 97404
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

**Florence Outreach Office**
Physical: 3757 Hwy 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

**Dept. of Human Resources**
Stephanie McNutt, Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Fax: 541-897-9881
smcnutt@ctclusi.org

**Health Services Division**
John Reeves III, Health Administrator
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7515
Fax 541-888-5388
jreeves@ctclusi.org

**Purchased/Referred Care**
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
prc@ctclusi.org

**Three Rivers Health Center**
150 S Wall Street
Coos Bay, OR 97420
Phone (541) 435-7200
info@threerivers.health

**Three Rivers Pharmacy**
150 S Wall Street
Coos Bay, OR 97420
Phone: (541) 435-7234
Fax: (541) 435-7233

**Tribal Dental Clinic**
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

**Department of Culture and Natural Resources**
Ashley Russell,
Interim Director
Phone 541-888-9577
arussell@ctclusi.org

Jesse Beers,
Cultural Stewardship Manager
Phone 541-997-6685
jbeers@ctclusi.org
1245 Fulton Avenue
Coos Bay, OR 97420

**Social Services Department**
Kelly Bradley, Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7526
Toll Free 1-888-280-0726
Fax 541-888-5388
kbradley@ctclusi.org

**Tribal Housing Department**
Jamie Meyers, Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-435-7150
Fax 541-435-0492
jmeyers@ctclusi.org

**Education Department**
Jemiah Wassman, Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1314
Toll free 1-888-280-0726
jwassman@ctclusi.org

**Elders Activities**
Jodi Beesley,
Community Health Representative/ Elders Activity Coordinator
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-888-7532
jbeesley@ctclusi.org

**Tribal Gaming Commission**
Rusty Bossley,
Executive Director of the Gaming Commission
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
rbossley@ctclusi.org

**Tribal Police**
Brian Dubray, Police Chief
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bdubray@ctclusi.org

**Tribal Court**
Karen Costello, Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalct@ctclusi.org

# Tribal Committee Members

**Budget Committee**
1. Martin Harris
2. VACANT
3. Margaret Corvi
4. **Stephanie Watkins, Chair**
**stephaniewatkins1360@gmail.com**
5. Teresa Spangler
6. VACANT
**7.** Roseanna Perry

**Culture Committee**
1. Earla Kirk
2. Doug Barrett
3. Jennifer L. Conway-Portillo
4. Nicole Romine
5. Michael Brainard
**6. Patrica Whereat-Phillips, Chair**
**pphillips@ctclusi.org**

**Education Committee**
1. Michelle Brix
2. Julie Siestreem
3. VACANT
4. Ashley Russell
5. **Michael Brainard, Chair**
**qaxas19@gmail.com**

**Elders Committee**
1. **Arleen Perkins, Chair**
2. Eddie Helms
3. Warren (Tom) Brainard
4. Laura Fortin
5. Martin Harris
6. VACANT
7. Brad Kneaper

**Enrollment Committee**
1. Warren T. Brainard
2. Patricia Whereat-Phillips
3. Skip Brainard
**4. Vicki Faciane, Chair**
**vicki.faciane@gmail.com**
5. Teresa Spangler

**Housing Committee**
1. VACANT
**2. Danny Krossman, Chair**
**dkrossman33@gmail.com**
3. Enna Helms
4. VACANT
5. Tyler Slyter

**Language Committee**
1. Jennifer L. Conway-Portillo
2. Tammy Evarts
3. Jade Fong
4. VACANT
5. **Jamie Biesanz, Chair**
**jamiebiesanz@gmail.com**
6. Jesse Beers
**7.** Ayuthea Cisneros

**Election Board**
1. VACANT
**2. Michael Brainard, Chair**
**qaxas19@gmail.com**
3. Teresa Gagner
4. Mark Petrie
5. Kathy Perkins
6. Pauline Benson
7. Ashley Russell

Are you a Tribal member who would like to learn more about a Tribal Committee, or are interested in being on a committee? Reach out to a Committee Chair person or a Tribal Government Staff member.

Committee Chairs are noted at left with current sitting members of the committee at the time of publication of this paper.

For questions, please contact Leann James, 541-435-7178 or enrollment@ctclusi.org

The Tribe maintains a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not. Letters of interest remain on file for one full year. Members can serve on up to three committees simultaneously.

## THE VOICE OF CLUSI

**If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you!**
**-Morgan Gaines, Communications Specialist**
**mgaines@ctclusi.org or 541-888-7536**

## Upcoming Events

Turn to page 19 of this publication for a monthly calendar of upcoming events or visit the Events Calendar on the tribal website at https://ctclusi.org/events/

# Tribal Council

**Doug Barrett, Chief**
541-297-2130 (cell)
doug.barrett@ctclusi.org

**Enna Helms**
**Position #1 Council**
541-297-7538 (cell)
enna.helms@ctclusi.org

**Brad Kneaper, Chair**
**Position #2 Council**
541-808-5178 (cell)
brad.kneaper@ctclusi.org

**Julie Siestreem**
**Position #3 Council**
541-294-6055
jsiestreem@ctclusi.org

**Teresa Spangler, Vice Chair**
**Position #4 Council**
541-294-3972
tspangler@ctclusi.org

**Iliana Montiel**
**Position #5 Council**
541-217-4613(cell)
iliana.montiel@ctclusi.org

**Debbie Bossley**
**Position #6 Council**
541-808-5580(cell)
debbie.bossley@ctclusi.org

## Council Meeting

**November 10, 2024**
**10:00 a.m.**
**Coos Bay Community Center**
**338 Wallace Ave.**
**Please login to the citizen portal of www.ctclusi.org and click Council Meetings for the zoom link to this meeting.**

Agenda:
1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Chief Executive Officer Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

**Council meeting video available to view at www.ctclusi.org**

# Council Corner

Greetings everyone,

I hope this finds everyone happy and healthy. To those of you that I saw at the 40th Annual celebration of our Restoration as a Federally Recognized Tribe, it was good to see you and talk to some. For some I have heard that you didn't have the correct dates for the Restoration Celebration, and the Tribal Council Regular Meeting and the following General Council Meeting. I am going to ask that a list of dates for the Council Meetings be sent to Tribal households. It is important to be informed about what is going on with the tribe. Upcoming Council meetings dates are in the Newsletter, on the Website. Generally speaking, the Regular council meetings are on the second Sunday of each month beginning at 10AM, and the Business Council Meetings are on the last Wednesday of the month starting at 6PM.

I want to bring up an update to the Tribal Hunting and Fishing regulations that should be in effect soon. The current code has a provision for Elder Assistance, that requires a hunter who is assisting an elder who requires assistance to be within 50 feet of the Elder. The new code has added a component that allows a Tribal Elder or disabled Tribal Member to designate a "Proxy hunter" that (with Tribal review and approval) is an enrolled member of our Tribe, to hunt for the benefit of the elder or disabled Tribal Member. There will be a special license issued to the Proxy Hunter before that hunting can occur. There will an additional allowance for a non-Tribal Proxy hunter for a disabled or elder enrolled Tribal Member but ONLY on Tribal Trust Land. Both will require a special license for the Proxy Hunter. Tribal Council passed this resolution at today's Council Meeting, however will not take effect until reviewed and approved by the state of Oregon. We anticipate this happening fairly quickly. There will be a notification when this is in effect.

And lastly, many of you may know of the proposed large Offshore Wind Energy project that was on schedule to be placed off the Oregon coast. Council has been working on this for several years. We have serious concerns of negative impacts to our natural and cultural resources and environment. This project was being pushed through without proper, or any environmental research being done. We have had numerous in-person and virtual meetings with the Bureau of Ocean Energy Management (BOEM), as well as numerous written communications expressing our concerns and requesting that they "pause" the process long enough for a proper and thorough Environmental Impact Statement (EIS) to be completed. Many others, including other Tribes, State, County and City Governments, the Fishing Industry, and private citizens also asked for a pause. Because our concerns were not being addressed, and because of our serious concerns of harm, we made the difficult decision to file legal action against BOEM to halt the process. We filed the Lawsuit on September 13, 2024. We also contacted the Oregon Governor's Office to request they weigh in with BOEM as well. On September 27, 2024, I received an email from BOEM stating they were delaying the lease auction at that time. As of this article, we are still trying to get clarification what "delay" actually means. It appears that this delay likely means, at a minimum a year to two years. However, we are continuing communications with BOEM and other stakeholders and will likely drop our litigation if and when we are confident that this delay also means that a proper EIS can take place.



Chairman Brad Kneaper

That's it for now. I hope that you are all having a great fall, and those that are interested, are out hunting or fishing under the new Sustenance Program!

- *Brad Kneaper*, Chairman

## October 14th Declared by Proclamation to be Indigenous People's Day in the City of Coos Bay, Oregon



City of Coos Bay Indigenous Peoples Day Proclamation was held October 1, 2024. Tribal Council Member Julie Siestreem (pictured above) read the Indigenous Peoples Day Proclamation at the monthly City of Coos Bay public meeting.

## Proclamation

**WHEREAS,** the City of Coos Bay recognizes the Indigenous peoples of the lands that would later become known as the Americas have lived on these lands since time immemorial; and

**WHEREAS,** the City honors the fact that the City of Coos Bay is built upon the traditional homelands of the Coquille Indian Tribe, Confederated Tribes of Coos Lower Umpqua & Siuslaw Indians and the Confederated Tribes of the Siletz Indians and recognizes the inherent sovereignty of the nine federally recognized tribal nations in the State of Oregon and all Indigenous peoples everywhere; and

**WHEREAS,** the City values the many contributions made to our community through Indigenous peoples' knowledge, labor, technology, science, philosophy, arts and the deep cultural contribution that has substantially shaped the character of the City of Coos Bay; and

**WHEREAS,** Indigenous Peoples' Day was first proposed in 1977 by a delegation of Native Nations to the United Nations' sponsored International Conference on Discrimination Against Indigenous Populations in the Americas; and

**WHEREAS,** the City is committed to protecting and advocating for justice, human rights, and the dignity of all people who live and work in Coos Bay and vows to uphold the United Nations Declaration on the Rights of Indigenous Peoples (the "Declaration") endorsed by the United States on December 16, 2010; and

**WHEREAS,** the Declaration recognizes the right of Indigenous peoples "to the dignity and diversity of their cultures, traditions, histories and aspirations which shall be appropriately reflected in education and public information," and places an obligation in States to "take effective measures, in consultation and cooperation with the Indigenous peoples concerned, to combat prejudice and eliminate discrimination and to promote tolerance, understanding and good relations among Indigenous peoples and all other segments of society.

**NOW, THEREFORE,** I Joe Benetti, Mayor of Coos Bay do hereby proclaim October 14th, 2024 as

**Indigenous Peoples Day**

and ask the citizens of Coos Bay to utilize this day as an opportunity to reflect on the ongoing struggles of Indigenous people of this land, to celebrate the thriving cultures and values of the Indigenous Peoples of our region.

IN WITNESS THEREOF, I hereunto set my hand and cause the city seal of the City of Coos Bay to be affixed on the 1st day of October 2024.

Joe Benetti, Mayor

# Resolution Summaries

**RESOLUTION NO.: 24-138**
**Date of Passage: August 28, 2024**
**Subject (title): CY2025 Indian Health Service Special Diabetes Program for Indians Community Directed Grant Program Continuation Application SDPI**
**Explanation:** Tribal Council approves this grant submission for the Health Service Special Diabetes Program . **Vote 6-0-1**

**RESOLUTION NO.: 24-139**
**Date of Passage: August 28, 2024**
**Subject (title): Spirt Mountain Community Fund Native Language Enhancement Program**
**Explanation:** Tribal Council approves this grant submission from the Confederated Tribes of Grand Ronde of Oregon through the Spirit Mountain community Fund for the language program. **Vote 5-1-1**

**RESOLUTION NO.: 24-140**
**ate of Passage: August 28, 2024**
**Subject (title): Approval of Sovereign Consulting Contract Renewal**
**Explanation:** Tribal Council approves the contract for financial services and consultation. **Vote 7-0-0**

**RESOLUTION NO.: 24-141**
**Date of Passage: August 28, 2024**
**Subject (title): Economic Equity Investment Program**
**Explanation:** Tribal Council approves this project and make application to request funding to assist to facilitate economic development of Tribal citizen entrepreneurs. **Vote 5-2-0**

**RESOLUTION NO.: 24-142**
**Date of Passage: August 28, 2024**
**Subject (title): 2024 Forestry Vehicle Budget**
**Explanation:** Tribal Council approves the budget for four vehicles for the Forestry Department.
**Vote 7-0-0**

**RESOLUTION NO.: 24-143**
**Date of Passage: August 28, 2024**
**Subject (title): Cantaloupe Inc Contract**
**Explanation:** Tribal Council approves this contract for finance to accept credit card on a new onsite vending machine. **Vote 7-0-0**

**RESOLUTION NO.: 24-144**
**Date of Passage: August 28, 2024**
**Subject (title): Approval of Property Purchase**
**Explanation:** Tribal Council approves the purchase of a home located in Coos Bay for temporary housing purchased with ARPA funding. **Vote 6-0-1**

**RESOLUTION NO.: 24-145**
**Date of Passage: August 28, 2024**
**Subject (title): Right of First Refusal**
**Explanation:** Tribal Council approves this agreement on a property located in Coos Bay for the use of future Health Services, to secure the Tribes desire to acquire this property when it comes available. **Vote 6-0-1**

**RESOLUTION NO.: 24-146**
**Date of Passage: August 28, 2024**
**Subject (title): Dental Benefit Providers Inc Agreement**
**Explanation:** Tribal Council approves this agreement to support the Dental Clinic.**Vote 6-0-1**

**RESOLUTION NO.: 24-147**
**Date of Passage: August 28, 2024**
**Subject (title): Three Rivers Casino Machine Order**
**Explanation:**Tribal Council approves the purchase of gaming machines in agreement with the Gaming Facilities Operational Review Board and management. **Vote 6-0-1**

**RESOLUTION NO.: 24-148**
**Date of Passage: August 28, 2024**
**Subject (title): Three Rivers Casino Machine Order**
**Explanation:** Tribal Council approves the conversion of gaming machines in agreement with the Gaming Facilities Operational Review Board and management. Vote **6-0-1**

**RESOLUTION NO.: 24-149**
**Date of Passage: August 28, 2024**
**Subject (title): Three Rivers Casino Machine Order**
**Explanation:** Tribal Council approves the purchase of gaming machines in agreement with the Gaming Facilities Operational Review Board and management. Vote **6-0-1**

**RESOLUTION NO.: 24-150**
**Date of Passage: August 28, 2024**
**Subject (title): Authorizing Litigation on Wind Energy Development to Protect Tribal Resources**
**Explanation:** Tribal Council approves this action and directs legal counsel to file in Federal Court on the Tribes behalf on this matter. Vote **7-0-0**

***In this public paper, some Resolution titles and explanation will not be displayed or minimal details due to confidentiality.***

## *Why RSVP for Tribal Events?*

Tribal Department staff who plan events and activities for the benefit of Tribal Member need membership to “please reply” when asked to RSVP when wanting to attend Tribal events. This ensures the right amount of supplies and food and beverages to meet the needs of those in attendance. Thank you in advance for making future events as successful as possible by always calling to RSVP when asked.

***RSVP***
***1-541-435-7155***






# InterTribal Water Ceremony Hosted by Ko'Kwell

**Contributed by Julie Siestreem, Tribal Council Position #3**

Ko'Kwell Water Healing Ceremony September 25,26,27, 2024 KoKwell Chair Brenda Meade invited spiritual and cultural leaders and canoe family to join them on their lands and waters for this year's Water Healing Ceremony. As the host on their ancestral lands and waters the KoKwell shared successes and challenges they are progressing through in efforts to heal some of our most important resources. Again, all 9 Federally Recognized Tribes of Oregon were invited and, were represented. welcoming prayers and words were shared by both Chair Brenda Meade and KoKwell Chief Jason Younker at the Mill Casino the evening of the 25th. The Following day the group assembled at Bullard's State Park to meet the KoKwell, Grand Ronde and, Confederated Tribes of Coos Lower Umpqua and Siuslaw canoes and paddlers, welcome them ashore and share traditional foods.







Confederated Tribes of Coos, Lower Umpqua, and Siuslaw
Cultural Bimonthly Fall Event

## Community Gift Making

Come be in community and practice our potlatch culture by creating gifts to giveaway or bring your own project and share space with others.
All supplies will be provided and replenished as needed.

**Bimonthly**

**Starting October at each Outreach Office**

**Days: Oct 24th, Nov 7th, Nov 21**

**Time: 10 am - 2 pm**

**Lunch Provided**

**Coos Bay**
Location: Tribal Hall
Contact: Alycia Cossey
541-294-1237
Front Desk:
541-888-9577

**Florence**
Location: Outreach office
Contact: Alycia Cossey
541-294-1237
Front Desk:
541-997-6685

**Eugene**
Location: Outreach Office
Contact: Enna Helms
541-297-7538
Front Desk:
541-744-1334

Come Join Us For

## REGALIA MAKING

**Eugene, Outreach Office | 10 am - 4 pm**
**23-24 November**

Come work on regalia or/and bring your regalia projects you have started on!

please RSVP by Nov, 4th
RSVP's will be entered into a raffle

**Lunch Provided!**

RSVP to (541) 435-7155
For more information, contact: Enna Helms:
(541) 297-7538, or ehelms@ctclusi.org

# *Baldija Memorial Project Updates*

**Contributed by Tabitha Messenger, Planning Project Coordinator**

For many years, there has been a desire to create a Memorial that honors our past Tribal Members. Numerous people have been involved in this process over the last decade, and it is now coming to fruition.

I'm thrilled to announce that we've started work on the **Baldija project**! Due to the cultural significance of the land, instead of "breaking ground," we are taking a more respectful approach by **building the ground up**. We're adding over **400 yards of rock** to raise the site and create a solid foundation for the project. This ensures we honor the land while moving forward with this exciting development.

At this point, I'm unsure of the exact timeline as it largely depends on the weather, particularly the amount of rain we get during the winter months. We'll need to monitor conditions closely, as the wet ground greatly impacts construction. Based on how things progress, we'll adjust the schedule accordingly to ensure the best results. I'll keep you updated as we move forward.

Thank you for allowing me to be a part of this project. I am excited to see the finished product and the impact it will have.



**Pictured left to rigth: Tyler Slyter, Chief Doug Barrett, Vice Chair Teresa Spangler, Chairman Brad Kneaper, Debbie Bossley, Scott Slyter, Tabitha Messenger, Jesse Beers, Ashley Russell, Alycia Cossey and Nicole Romine**



**Vice Chair Teresa Spangler, Chairman Brad Kneaper and Chief Doug Barrett watch over the important work being done for the Memorial Project**



**Over 400 yards of rock was added to raise the site and create a solid foundation. This was done as not to disturb the grounds.**








**Another vantage point of the material brought in to build up the site so as not to disturb the land. Over time, this will settle and compact forming a solid foundation for the Memorial**

# *Attention Higher Education Students!*

The 2025-2026 FAFSA will be available to students by December 1st this year!

Completing the Free Application for Federal Student Aid (FAFSA®) form allows you to be considered for federal student aid. In addition, states and colleges use FAFSA information to award their own grants, scholarships, and loans. But, since some aid is limited, you have to meet the deadlines!

**Oregon Grants**
Submit your application for the Oregon Opportunity Grant as soon as possible after Dec. 31, 2023. Awards are made until all funds are depleted.
For the Oregon Promise Grant and other state grants, contact your state agency for more information. Additional forms may be required.

Check out **www.usa.gov/fafsa** for more information, important deadlines, and to fill out your application.

Contact the CTCLUSI Education Department if you need assistance.
**Morgan Cloud, Higher Education Specialist**
**541-888-1319 or mcloud@ctclusi.org**




Language Classes

# LITTLES PROGRAM



**Starting January 2025**

**0-5 YR. OLDS**

**dai chil sla, shin dai sla, niishachii chmanii. We are starting our Littles Language Program in January 2025. This program will be geared towards 0-5 year olds with parental support on zoom.**

**If you are interested in joining class and would like more details please contact Enna Helms at language@ctclusi.org or at (541) 297-7538**

**miluk class**

**hanis class**

**sha'yuushtɬ'a uɬ quuiich class**

**Days and Times TBD with Survey Results!**

**survey link:**

**Contact: Enna Helms at language@ctclusi.org**

# Virtual Language Classes - Fall 2024

**10-week Sessions: October 1st through December 3rd**

**miluk**: Tuesdays, 4:00-6:00 pm

**hanis**: Wednesdays, 4:00-6:00 pm

**sha'yuushtɬ'a uɬ quuiich**:
Fridays, 4:00-6:00 pm

Week 10: All languages will come together and meet virtually on Tuesday, December 3rd

**Sign up with Enna Helms by email at language@ctclusi.org or by phone at (541) 297-7538**

FALL 2024
FOR MEMBERS OF THE CONFEDERATED TRIBES OF COOS LOWER UMPQUA, AND SIUSLAW INDIANS AND FAMILY

# SHICHILS
'Myrtle Nut'

## —GATHERING—
@ HOFFMAN MEMORIAL STATE WAYSIDE

SATURDAY
NOV
2

8A-2PM

Lunch and Transportation Provided from Admin building

PLEASE RSVP BY OCT, 25

Contact: Alycia Cossey
for more information
acossey@ctclusi.org
541-294-1237










# HANDS-ON AFTER SCHOOL PROGRAM

3:30PM - 5:30 PM
TUESDAYS & THURSDAYS
STARTING OCTOBER
TRIBAL HALL, COOS BAY





**COMBINING ADVENTURE WITH CULTURALLY-BASED LEARNING**

## WE OFFER THESE TRADITIONAL SKILL BUILDING ACTIVITIES:

- WEAVING
- GATHERING
- DRUM MAKING
- CLAM DIGGING
- HIDE SCRAPING
- KAYAKING
- ATLATL
- SHINNY
- BEADING
- MUCH MORE!

## WANT TO GET INVOLVED?

PARENTS OF TRIBAL YOUTH PLEASE CONTACT:

- BRANDY LAUBY
- BLAUBY@CTCLUSI.ORG
- 541-888-1314

# Citizen Portal

## www.ctclusi.org

Do you need assistance with registering or re-gaining access to the Citizen Portal of the Tribal Government website?
I'm here to help! Contact me directly with any Tribal website access issues that you have.

The Citizen Portal contains the links to the monthly Tribal Council meeting Zoom links, culturally significant information and more!

Also be sure to check out the online Events Calendar for upcoming activities!
Simply click News & Events on the top navigation bar and select Events Calendar from the drop down list.

Morgan Gaines, quuiich (lower umpqua)
Communications Specialist
Cell: (541) 808-7918
Email: mgaines@ctclusi.org

## CIRCLES OF HEALING
## Presents:
## "Men Don't Tell"

Join the Circles of Healing Outreach Advocates for a Movie and Discussion about Prevention & Domestic Violence

**Friday November 8th, 2024**
**Doors open @ 5:30 P.M.**
**Movie Starts @ 6:00 P.M.**

Location: Tribal Hall
338 Wallace St.-Coos Bay, OR 97420
All Ages Welcome
Light refreshments will be served
RSVP TO: athomas@ctclusi.org

*Please be advised the subject matter could be sensitive for some viewers.*

# ~ First Language Revitalization Camp ~

**Contributed by the Language Program, Enna Helms and Patricia Phillips**

The first language camp was held at the Tribal Hall Reservation on August 19-23rd, 2024, bringing together 140 Tribal members, their families and staff. Participants of all ages came from four different states to reconnect and engage in their ancestral languages - miluk, hanis, and sha'yuushtɬ'a uɬ quuiich. Throughout the week each language group participated in a variety of activities designed to promote exposure, learning and speaking.

*"The presence of our Elders, the laughter of our little ones, and the engagement of all ages has truly uplifted our community during this camp. The love for our languages and culture is deeply healing, and seeing intergenerational connections was a powerful reminder of the strength and resilience within our culture."* - Enna Helms.

Every morning began with a language class that covered the sounds in our languages and phrases about the foods and beverages at breakfast. The camp featured three main components that participants rotated through: Language Activity, Food, and Technology.

The Food station was led by Patricia Phillips and the Weaving Activity station by Enna Helms. Languages rotated with the support of Language Nest Facilitators of Alycia Cossey (miluk), Isa Helms (miluk), Naomi Biesanz (hanis), Jesse Beers (sha'yuushtɬ'a) and Jordan Douglas-Tavani (consultant) to support and model language use throughout the week.



The technology station was supported by the Northwest Indian Language Institute (NILI), Robert Elliott (Director) and Barrett (student helper), helped in the development of language materials geared for language learners. At the end of the week participants shared memes with everyone that they created in the Native languages.



The Food station focused on a different activity each day. The first day we learned some kitchen words around processing cucumbers (peeling, cutting, pouring). Some of the cucumbers were used in cucumber water and others in a salad. The second day, some people went out early in the morning to dig clams. For class we learned words for the different species of clams and learned how to open and clean the clams. Additional staff assisted Isaac Dull (miluk), Mark Petrie (hanis), and Jesse Beers (sha'yuushtɬ'a). For the final food class, participants gathered berries around the tribal hall and made berry vanilla ice cream. The ice cream was shared at dinner, and our amazing kitchen staff made the leftover berries into a cobbler to go with the ice cream.

For the Activity station, participants learned words for basketry plants, weaving materials, and weaving technique, as well as how to weave small sedge baskets and tule mats, led by Sophia Cisneros, SaraDoe Helms, and Enna Helms. In addition, we played "Drawing Monsters" which is a fun and engaging game for every age.

*"It was so nice to be surrounded by Tribal families and meet some for the first time. One of my favorite experiences was connecting the language with the weaving culture."* - Earla Kirk

In addition to the language learners, many people contributed their time and skills to support the camp. Angela Henry (hanis) led the kitchen alongside Dan Kirk (hanis), Sebastian Chaney (miluk), Keileigh Dull (miluk), Eddie Helms (miluk) and Marcus Kolosik (staff), ensuring everyone was well-fed throughout the week. In addition, Kyle Gaines (quuiich) helped prepare dinners in the evenings at Sunset Bay Campground, where many families were camping during the event.

By the end of camp, language learners shared reflections of their experiences, things they had made or learned, including creative memes in their language from tech class.

For many, the opportunity to come together in person after spending 4 years in the virtual classroom was transformative:

"*Language so far for me has mostly been in the zoom classroom and some interactions with classmates outside class, at language camp it was everywhere. It was healing, connecting, and inspiring to be a part of it coming alive in the community*." - Naomi Biesanz, hanis language facilitator.

Language Nest Littles Facilitators Ashley Vandevort (miluk), Ayuthea LaPier (hanis) and Haley Lott (quuiich) led a special program for littles (infants to 5 years) with help from Language Nest Counselors Kaiə Russell, Kira Flores, and Baya Abrica. Throughout the week people supported each other in learning, and there was a lot of laughter.

"*I loved seeing the little kids understanding and speaking the language. Their words brought the work forward into the next generation*." - Ashley Vandevort, miluk littles language facilitator

In addition, the Education Department took on activities for 6-13 year olds, thanks to Jemiah Wassman (staff), Ann Petrie (staff), Cherie Moos (staff) along with cultural activities led by Isaac Dull (miluk). There were trips to the beach and park, and hands-on activities including archery lessons and scraping and softening deer skins.

This year's camp included intentional efforts on community wellness, with direct support from Mark Petrie and Rachel Schaefer, as well as indirect support from the Three Rivers Health Center. These intentional efforts were aimed at promoting



# ~ First Language Revitalization Camp ~

overall wellness throughout the camp, enhancing the experience for all participants.

"*Language camp was an amazing tribal community experience with delicious food and fun activities. Speaking and learning our languages as a community brought me hope and joy for the future. I am very grateful for all of the new and old connections that I was able to make during the camp. Looking forward to the next one!*" - Mark Petrie, community wellness support.

Morgan Gaines (quuiich) and Des Acosta (consultant) were on site taking photos, short videos, and created space in the lagauwiiyat'as gallery to film Tribal members speak on the importance of language revitalization.

Overall, the first Language Revitalization Camp was a huge success. We couldn't have done it without all the help and support from staff, volunteers Tracee Smidt (quuiich), Roseana Perry (quuiich) and Rachel Dennis, and all of our student learners. The camp encouraged more people to attend language classes, sparked general interest and support in language learning, and strengthened our community. We look forward to next year's language camp!

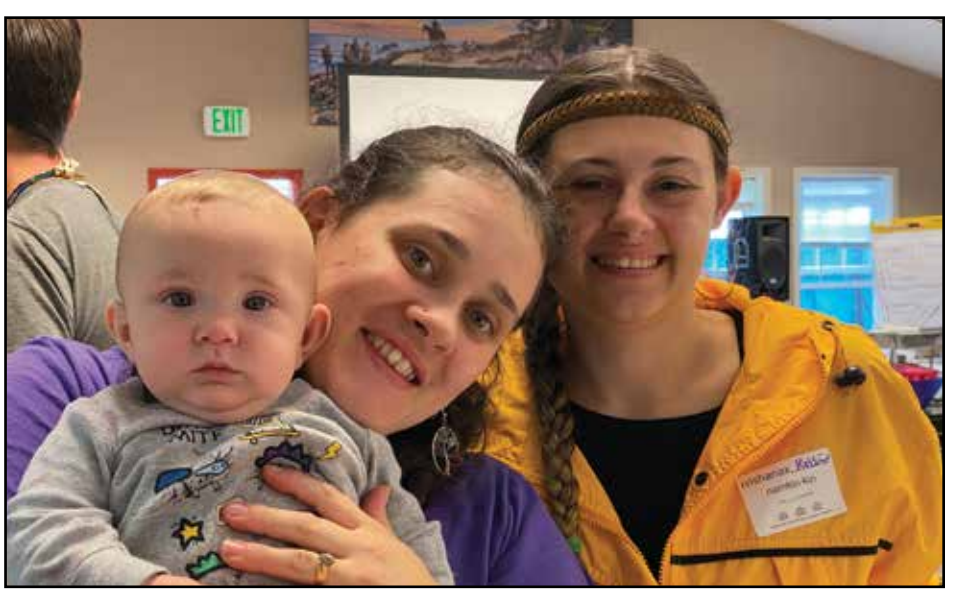


















# Stand Strong Against Lung Cancer this November

How do you know if you are at risk for lung cancer?

We take around 23,040 breaths a day, constantly exposing our lungs to the surrounding environment.

**Risk 1: Smoking**

Smoking, including cigarette, cigar, and pipe smoking, is thought to be responsible for 80% of all lung cancer diagnoses. And while heavy smokers are at the highest risk, any amount of smoking is the wrong amount.

**Risk 2: Exposure to Second-Hand Smoke**

Also called environmental tobacco smoke, second-hand smoke awareness has increased in recent decades. Even if you don't smoke, your lung cancer risk increases if you are regularly around other people who do smoke.

**Risk 3: Radon Gas Exposure**

Radon gas is a naturally occurring gas that results from the breakdown of uranium in soil. Test kits, available at home improvement stores, can help determine whether unsafe radon levels are present.

**Risk 4: Asbestos Exposure**

More common in workplaces such as mines, mills, and shipyards, exposure to large amounts of asbestos puts you at a greater risk of developing mesothelioma, a type of cancer that starts in the lining surrounding the lungs. Make sure you use all protective equipment provided by your employer and follow all recommended safety procedures.

**Risk 5: Exposure to Other Carcinogens**

If you are exposed to carcinogens at work, make sure to follow all of the safety guidelines recommended by your employer.

These identified cancer-causing agents, and carcinogens, include:

- Radioactive ores (such as uranium)
- Inhaled arsenic
- Inhaled beryllium
- Inhaled cadmium
- Inhaled silica
- Inhaled vinyl chloride
- Inhaled nickel compounds
- Inhaled chromium compounds
- Inhaled coal products
- Inhaled mustard gas
- Inhaled chloromethyl methyl ethers (or diesel exhaust)

**Risk 6: Arsenic in Drinking Water**

For most Americans who are on public water systems, drinking water is not a major source of arsenic. The Environmental Protection Agency regulates arsenic levels in public drinking water in the United States, although there are some instances of high arsenic levels in rural communities or communities using private wells. Albuquerque, New Mexico, is the only urban area in the US with substantial natural arsenic levels in drinking water.

**Risk 7: Air Quality**

Some researchers estimate that about 5% of lung cancer deaths worldwide are due to outdoor air pollution. People who live in cities, especially near high-traffic roads, have a slightly increased risk of lung cancer. Follow recommendations for avoiding exposure such as exercising in the morning or staying indoors on high-pollution days. Check air quality forecasts to decide about your outdoor activities. Check AirNow.gov to keep an eye on your air quality.

**Risk 8: Previous Radiation to Lungs**

People who have radiation therapy to the chest to treat other cancers, such as Hodgkin's Disease or breast cancer, are at a higher risk for lung cancer. Your age at the time of the previous treatment affects your risk for lung cancer. Your risk for lung cancer is higher if you were treated with radiation when you were young. Be sure your doctor is aware of any past history of radiation treatment.

**Risk 9: Previous Diagnosis or Family History**

If you have had lung cancer, you have a higher risk of developing another lung cancer. Siblings and children of those who have had lung cancer also run a slightly higher risk of lung cancer themselves. Discussing your family history with your doctor is one of the best ways to stay on top of these risks.

If you have any concerns regarding these lung cancer risk factors, you should see your doctor to determine if you need further screening.

**Source: Are you at risk for lung cancer? 9 risk factors to know. Lung Cancer Foundation of America. (2024, January 9). https://lcfamerica.org/about-lung-cancer/detection/risks/**

# *TRIBAL COURT COMMUNITY EDUCATION SERIES*

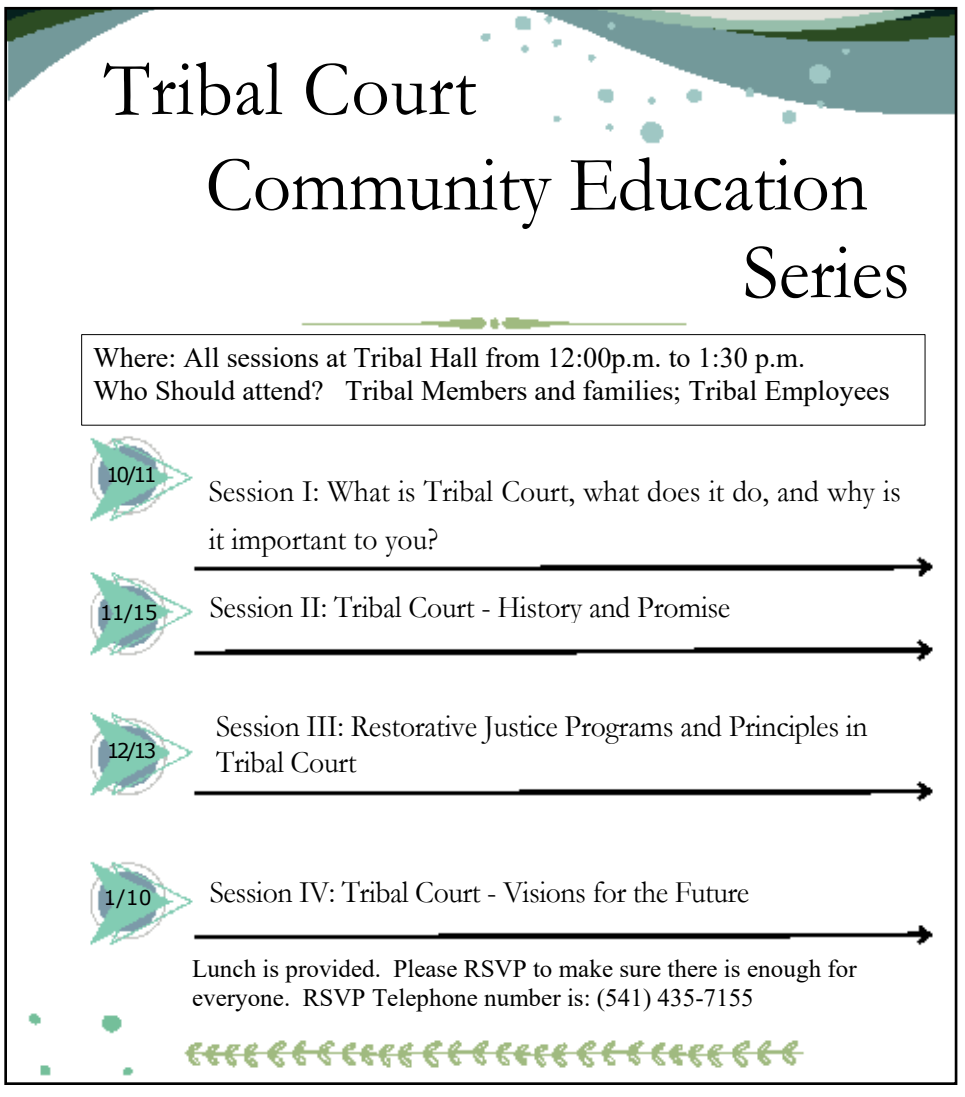
I am pleased to invite you to attend a four-part informational series about your Tribal Court. There will be four programs, each scheduled over the lunch hour, AND we will provide lunch! The programs are:

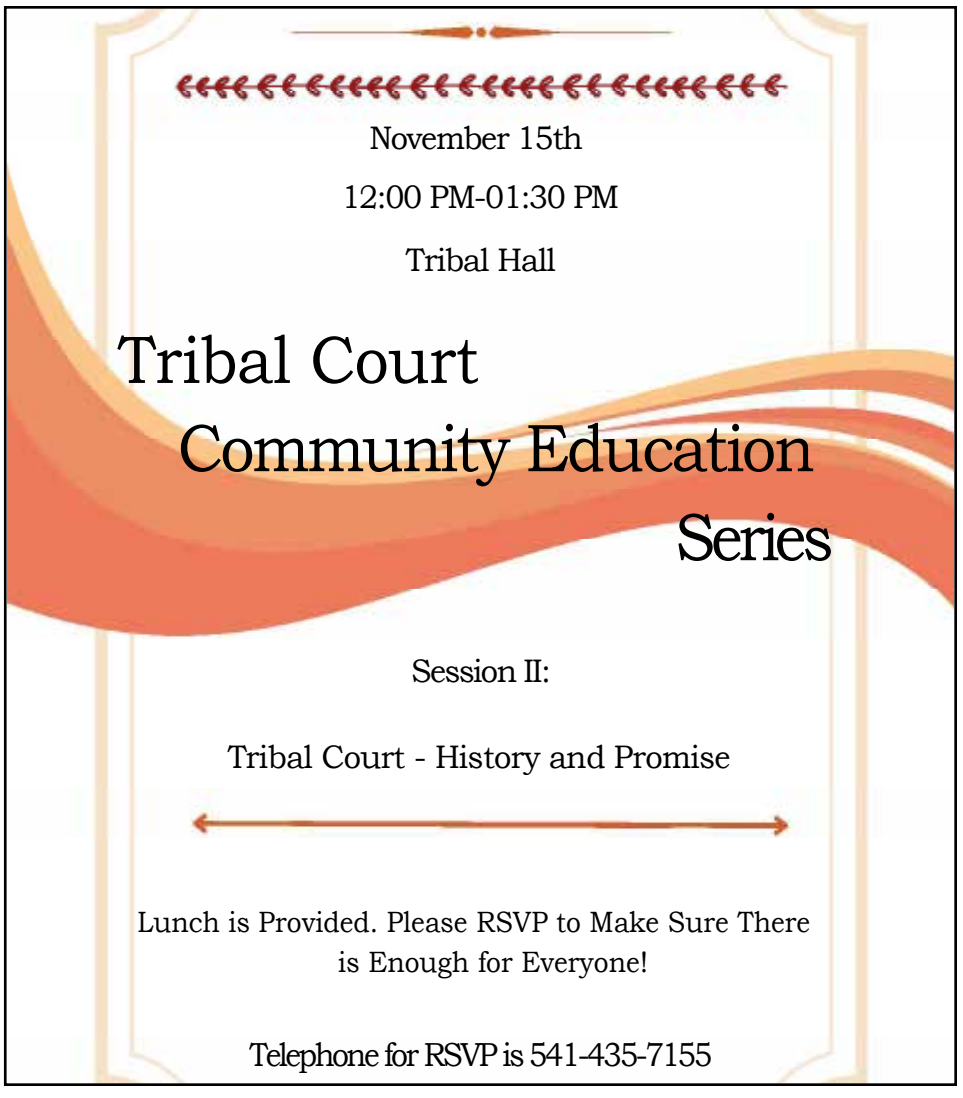
1. October 11, 2024. What is Tribal Court, what does it do, and why is it important to you?
2. November 15, 2024. Tribal Court History and Promise.
3. December 13, 2024. Restorative Justice Programs and Principles in Tribal Court
4. January 10, 2025. Tribal Court -Visions for the Future.

Please RSVP to (541) 435-7155 so that we have enough food for everyone. If you RSVP and your plans change, please also call this number to let us know that you will not be attending.

This program is open to all tribal members and their families, and all tribal employees. You don't have to attend all programs to participate, but we hope that you will enjoy yourself so much that you will attend all of them. I am looking forward sharing this time with you.

*Karen Costello*, Chief Judge



# Elders Corner

## Elders Luncheon

CTCLUSI TRIBAL COMMUNITY CENTER

938 Wallace Rd. Coos Bay, Oregon 97420

Thursday, November 14, 2024
11:30 am to 1:30 pm

Enjoy a delicious seasonal meal prepared thoughtfully with local fresh ingredients.

Listen and learn from Guest Speaker: Ashley Russell, Dept. of Culture & Natural Resources Interim Director.

*"FIRST FOODS FALL HARVEST "*

There will be an Elders Committee meeting following the luncheon

**RSVP By November 7th**

Phone (541) 435-7155 or Toll-free 1 (888) 365-7155

*Limited transportation is provided*

Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
Health Services Division
Elders Activity Program

## Elders Potluck Luncheon

Hosted by Tribal Elder Eddie Helms

First Wednesday of the month at
Tribal Hall
338 Wallace Ave., Coos Bay, OR

Bring a dish to share
12 (noon) - 2 p.m.

## *You Could be Featured in The Voice of CLUSI*

If you or anyone in your family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter.

I look forward to hearing from you!

Morgan Gaines, quuiich (lower umpqua)
Communications Specialist
Office: (541) 888-7536
Cell: (541) 808-7918
Email: mgaines@ctclusi.org

# Stress and Diabetes

## Managing Stress When You Have Diabetes

Life is stressful at times. Having diabetes can also add stress, along with worries about work, family, or school. When stressed, your blood sugars can increase and be harder to control.

Learning how to deal with stress can lead to a more balanced life. It is a way of caring for yourself and managing diabetes.

"When I first found out I had diabetes, I was devastated. I kept having a helpless thought. I decided to choose to find reasons and ways to be joyful every day. I worked at it and prayed for it. I got help from the Creator, family, and friends."

—Barbara Mora, Paiute/Dine



Barbara Mora and husband, Bob.

### Stress and Everyday Life

Stress can be felt in emotional and physical ways. Emotions could show as anxiety, frustration or anger. Your body could experience rapid breathing, tense muscles, headaches or stomach pain.

Stress can be temporary or last a long time. Ongoing stress is often harder to deal with and can affect work, relationships, and health. With help, stress can be reduced.



### Unhealthy Responses to Stress

- Using commercial tobacco more than usual
- Overeating
- Increased alcohol use
- Spending hours watching TV or social media
- Avoiding friends and relatives

At first, these ways of coping might feel like they help, but over time may become harmful to your physical and mental health.

## Healthy Ways to Manage Stress

Finding ways to cope with stress is good for your mind and body. Reducing stress can also help with blood sugar and diabetes control. Talking with your care provider can help if you often feel overwhelmed or depressed. Consider writing about your feelings in, *A River Runs Through Us, 90-Day Journal for Wellness.*



To order your free copy visit, www.ihs.gov/diabetes/education-materials-and-resources/




Produced by the IHS Division of Diabetes Treatment and Prevention
For more diabetes information and materials, visit www.ihs.gov/diabetes
07/2023

Free Diabetes Education Materials
Scan Now!

Produced by the IHS Division of Diabetes Treatment and Prevention
For more diabetes information and materials, visit www.ihs.gov/diabetes
07/2023

# *Tribal Member Leann James Hired as New Enrollment Specialist*

My name is Leann James. I am very happy to announce I have been hired by the Tribe as the new Enrollment Specialist.

My husband Wayne and I, married 18 years, packed up what little we had along with my kids and moved to Coos Bay from Fresno, California in 2005, where we were met with open arms from the Tribe and have been here ever since. I am a Lower Umpqua Tribal member and my dad is Ronald G. James. I have 4 grown children Lyndsay, Drew, Erik & Max. Our family is crazy about dogs they are our passion. We have 4 at home that we love very much.

In my free time we like to ride motorcycles, going to the beach and spending time with family & friends.

I am very excited to start this new journey and happy about learning, meeting new people and fellow Tribal members. I feel like I belong here and happy to be home.




**Pictured above, left to right: Max James, Leann James-Cook, Wayne Cook and Drew James**



**Pictured at right: Leann James with father Ron James**

## *Don't Miss Out*

### *Update Your Contact Information*

Is your contact information up-to-date?

Please contact the Enrollment Department today with your current contact information.

It is important that your information is current and accurate so that you do not miss out on updates regarding Tribal benefits, programs, invitations to events, and Tribal Election Ballots.

Forms are also available online to update your contact information, request new Tribal ID cards, change of name requests and more.

Visit ***https://ctclusi.org/enrollment/*** to fill out these forms online.

**Contact Enrollment 541-435-7178**

# *An Important Reminder for Self Care Around the Holidays*

**Contributed by Leslie Thompson, Housing Assistant**

Holidays can be a crazy and stressful time- don't forget to take care of yourself and enjoy them.

Just like there's a wide variety of holiday celebrations and traditions, stress and anxiety can vary from person to person as well. Some of us experience financial strain, others face pressure to put on a grand party, and then for others the holidays can remind them of loss or loneliness. All of these can lead to feelings of sadness, anger, frustration, and anxiousness, but can also trigger physical symptoms as headaches, nausea, or gastrointestinal issues.

Don't let stress and anxiety get in the way of a joyful holiday season, take charge and take care of yourself!

1. Mindfulness is being present in the here and now, aware of and fully engaged with whatever you are doing at the moment. Being mindful can reduce stress by focusing on what is in front of you, freeing you from outside distractions, judgment, and inner-commentary.
2. Practice self-care, this includes of taking care of your physical, mental, and emotional health. This looks different for everyone, and everyone has different needs. Some ways to practice self-care can include getting enough sleep, going for a walk, creating art, taking a bubble bath, getting out in nature, or breaking and/ or reducing habits that don't serve your overall health.
3. Know your limits = It's ok to say no, it's also ok to ask for help. You don't have to attend all the parties, buy all the gifts, or volunteer all your spare time, you also don't have to do everything on your own. Ask for help, or delegate tasks when possible, this also shows others in your life that its ok to ask for help.
4. Schedule your time in a manner that includes breaks and down time, don't load yourself up with activities that is going to drain your energy, time, or even funds.
5. Reduce expectations of yourself and stop comparing yourself to others. Spend less time on social media, and realize it doesn't all have to be perfect or go as planned. The holidays are such a short time in the grand scheme of things. Remember the reason for the season: to appreciate who and what we have in our lives. Having realistic expectations can take the pressure off of yourself, and reduce disappoint and stress.
6. Prioritize the most important activities, tasks, or events of the season. You can rank them in order of importance, focusing on the most meaningful and what brings you the most joy. This can ease being overwhelmed, and ensure that you are spending your time and energy and what matters to you.
7. Maintain social connections, in doing so you can boost your mood, self-esteem, and empathy while reducing anxiety and depression. Keeping up on social connections can create feelings of belonging, love, care, value, and enhance life satisfaction. Volunteering to help those in need is a great way to be social and give back to your community.



## CTCLUSI EMERGENCY ASSIST.

The Housing Department offers two Emergency Assistance Programs. Both programs are designed to assist with emergencies, regarding homelessness and homeless prevention, however the eligibility requirements, awards, and funding sources are different.

Benefits may vary depending on need and funding availability. Contact CTLUSI's Housing Dept. to determine if you may qualify for emergency assistance.

**DEPOSIT ASSISTANCE**

**SHORT TERM RENTAL ASSIST.**

**UTILITIES AND MOVING COSTS**

**AVAILABLE THROUGHOUT THE U.S.**

**CTCLUSI HOUSING DEPT.**
1320 Neese St.
Coos Bay, OR 97420
(541)-888-1310

Monday-Friday

8am-5pm

# *Canoe Races at MillLuck Days*

**Contributed by Julie Siestreem, Tribal Council Position #3**

Ko'Kwell Mill-Luck Salmon Celebration September 14-15, 2024 Annual MillLuck Salmon Celebration is a tribute to Native American and Coquille Tribal Culture. Had Vendor booths , Canoe races, demonstrations and events. Foods served included Traditional Salmon Bake, brown rice, cranberries and grilled hazelnuts, fry bread with huckleberry jam and butter, fry bread tacos. Authentic Native American dancing, drumming and flute playing. Our Confederated Tribes of Coos Lower Umpqua and Siuslaw Indians tribal canoe Lottie competed in the races with several of our general tribal members in all divisions paddling enthusiastically on calm bay waters with brilliant sun shining on them. As always all Tribes and the general public were welcomed and enjoyed a wonderful day of community with prayers up form both our Chief Doug Barrett , Ko'Kwell Chief Jason Younker and, moderating of our histories from Shirod Younker.

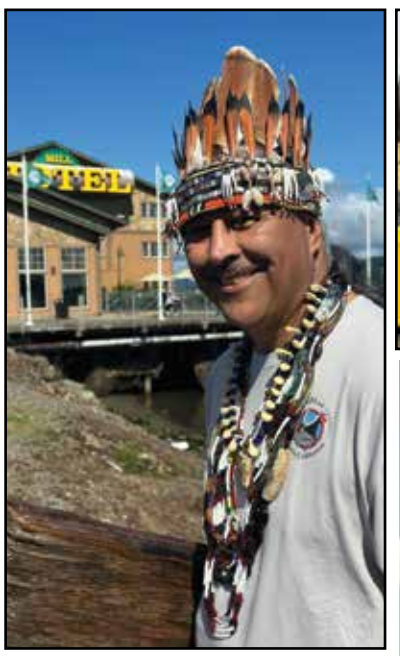




















# 40th Restoration Celebration continued from cover page...

year. “In the last year, our co-management agreement with the State of Oregon allows us to regulate our own hunting and fishing rights for our own enrolled Tribal members. In addition, this also puts us at the table with the State to help us protect our natural resources.”

In addition to listing some of the other accomplishments of the year, Chair Kneaper invited Tyler Slyter, Chief Operation Officer to share updates regarding the Baldija Memorial Project. Updates regarding the project are shared on page 7 of this publication.

Chief Doug Barrett also shared some welcoming words. “I want to thank everyone for coming to our 40th Restoration anniversary, this is a big deal.” He recognized all the past Chief’s in attendance, as well as past Tribal Council and present Council.

In honor of those who have walked on before us, Chief Barrett asked for a moment of silence.

Near the end of Chief Barrett’s opening remarks, Tribal Citizens Ashley Russell, Talice Russell, Kaiə Russell and Earla Kirk presented Chief with his new Headdress. “It was in February that you were appointment, and its now time that you have a Chief’s Headdress.” Ashley Russell shared as her daughter Kaiə placed the headdress on Chief, “It’s made out of western red cedar that we gathered on the Siuslaw National Forest…Eagle feathers, Flicker feathers, and Abalone carved in the shape of a Bear and Dentalium...this was made with love with the help of those up here.”

After an invocation by Chief Barrett, a wonderful lunch was served by the amazing Three Rivers Casino Resort staff. Salmon, prime rib, squash, ratatouille, cranberry wild rice, and huckleberry buttered frybread were part of the delicious feast.

After dinner, Vice Chair Teresa Spangler asked that anyone who wanted to share a few words regarding good memories around the restoration efforts, say a few words. Tribal Elder Brenda Brainard, the last remaining member of the group of Tribal Citizens who traveled to the Nations Capitol to testify on behalf of the Tribe in seeking recognition, was in attendance and stood. Attendees listened to her powerful words about the efforts to restore our federal status. Tribal Council member and Elder Julie Siestreem also shared a few heartful words about her late father and his work towards restoration. Elder and former Council member Tara Bowen shared a more lighthearted version of her memories making frybread to help fund the efforts to send our members to the capitol. Words can not begin to express the gratitude felt by all for the Citizens, Staff and Allies who worked and fought so hard for our Restoration.

The event was wrapped up with some amazing prizes raffled off to those in attendance. Thank you to all of the Tribal Citizens who donated items to the raffle; Kyle Gaines, Enna Helms, Earla Kirk, Angela Henry, Dan Kirk, Sofia Cisernos, and Morgan Gaines. Many thanks to the Tribal Government staff for their hard work in planning and running such an important event. And many thanks to those who came before us and made our Restoration a reality.

Our hands go up in thanks to you all.















# *Internship Program 2024*

CTCLUSI Tribal Citizens,
The Internship Program is returning! Each program enrollee may get up to 12 weeks with a participating department and $20.00/hour for up to 40 hours/ week.

Criteria:

- 18 yrs. of age and older
- Successful completion of the background check process
- Participation must be on site/location at a CTCLUSI office location (Coos Bay; Florence; Eugene)
- Must be an enrolled CTCLUSI Tribal Citizen.

Note: You do not have to be enrolled in college to participate.

If there is a department/specialty CTCLUSI provides that you would like to participate in, Human Resources will coordinate to develop an assignment for your participation as organizational availability allows.

If you would like to participate, fill out the Special Events Employee – On Call **https://ctclusi.org/human-resources-job-opportunities/** and indicate what Internship area of focus you would like to explore. There is only a couple of assignment spots available for the remaining 2024 year.

*Stephanie McNutt*,
Director of Human Resources

# *JOIN A TRIBAL COMMITTEE !*

We are accepting Letters of Interest for Tribal Committees. We have had some recent vacancies. Tribal Committees cover several areas of the Tribe and work with various departments. Below is a list of Committees you may be interested in becoming a member of:

**- Culture Committee**

**- Budget Committee**

**- Education Committee**

**- Elders Committee**

**- Enrollment Committee**

**- Language Committee**

**- Housing Committee**

**- Election Board**

If interested, please fill out a "Letter of Interest Form" located on Tribes Website.

These Letters of Interest remain on file for (1) one year.

Please visit the Citizen Portal of the Tribal Government website at

www.ctclusi.org/tribal-committees/ for more information.

**For more information or if you have any questions contact:**

**Leann James**

**1245 Fulton Ave. Coos Bay, Oregon 97420**
**Phone: 541-435-7178**
**Email: enrollment@ctclusi.org**

**Confederated Tribes of**
**Coos, Lower Umpqua and Siuslaw Indians**

# Department of Human Resources

***Current Openings as of 10/2024***

## *Tribal Government Offices Job Opportunities*

- *Administrative Assistant – DNRC – Coos Bay*
- *Circles of Healing Transitional Services Specialist – Eugene*
- *Dental Assistant I. – Coos Bay*
- *Educational Outreach Coordinator – Coos Bay*
- *Front Office Assistant – Coos Bay*
- *hanis Language Nest Facilitator: tɬ'ii'su ets' me - Coos Bay*
- *Laboratory Manager – Coos Bay*
- *Laboratory Technician I. - Coos Bay*
- *miluk Language Nest Facilitator: miluk tɬiis də yets k'a - Coos Bay*
- *Ocean Fishing Deckhand: On Call - Coos Bay*
- *Physician- Family Medicine – Coos Bay*
- *Quality Assurance Specialist – Coos Bay*
- *sha'yuushtɬ'a uɬ quuiich Language Nest Facilitator: wa' asamɬ hiits' ii' ii hiich - Coos Bay*
- *Social Services Program Assistant – Coos Bay*
- *Special Events – On Call – Varies on Assignment.*
- *Surveillance Agent I. – Graveyard*

Please visit Job Opportunities on the Tribes website for full job descriptions and benefits available. You may also apply for any position online. ***http://ctclusi.org/jobs***

***Updated Frequently***

**Tribal Members please log in to the Citizen Porrtal to access any CTCLUSI Tribal Member Job Opportunities**

Please email questions to ***recruitment@ctclusihr.org***

# PEACEGIVING

**Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.**

**All Peacegiving issues are confidential.**



Photo by Morgan Gaines

**For more information about Peacegiving, please visit the Peacegiving Website or contact the Peacegiving Coordinator at the address listed below.**

**Peacegiving Coordinator**
**1245 Fulton Avenue**
**Coos Bay, OR 97420**
**PHONE: (541) 888-1306 or (541) 888-1316**
**EMAIL: Peacegiving@ctclusi.org Website: https://ctclusi.org/tribalcourtpeacegiving**

# WELLNESS COURT

Are you in trouble with the law?
Are you suffering with drugs, alcohol or addiction?
Are you ready to make a change?
What does true Wellness look like for you?
A life without drugs or alcohol is possible for you.
Make the choice for a better life.



Confidential

Contact Tribal Wellness Court.
(541) 888-1307

# Suicide Prevention: How to Help

Know the facts. Complex, interrelated factors contribute to suicide among Native American, Indian, Indigenous, and Alaska Natives. Members of these communities have experienced trauma from wars, loss of land, genocide, and forced removal from ancestral lands.

Ask and listen. Be an active part of your loved ones' support systems and check in with them often. If they show any warning signs for suicide, be direct. Tell them it's OK to talk about suicidal feelings. Practice active listening techniques and let them talk without judgment.

Get them help and take care of yourself. Research local resources. Don't be afraid to get your loved one the help they might need. Support them in identifying others to talk to that may understand how they feel – family members, friends, co-workers, and community or spiritual leaders. The 988 Lifeline is always here to talk or chat, both for support in a time of crisis and to support friends and loved ones.

**https://988lifeline.org/**

988 SUICIDE & CRISIS LIFELINE



# *Save the Date:*

## *2025 New Year's Day Peace Hike*

On New Year's Day, the 15th Annual Peace Hike will be held in Yachats, Oregon.

All are welcome to attend. More information coming soon. Check in next months edition of The Voice of CLUSI or go online to www.yachats.org or www.viewthefuture.org



# Upcoming Events

***RSVP for events by calling***

***1-541-435-7155***

# November 2024

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| 27 | 28 | 29 Parenting class Eugene/zoom 6pm<br>miluk language class 4pm-6pm | 30<br>hanis language class 4pm-6pm | 31<br>Halloween | 1<br>sha'yuushtɬ'a uɬ quuiich class 4pm-6pm | 2<br>Shichils (myrtle nut) Gathering 8am-2pm |
| 3 | 4 | 5 Parenting class Eugene/zoom 6pm<br>miluk language class 4pm-6pm | 6 Elders Potluck Tribal Hall<br>hanis language class 4pm-6pm | 7<br>Gift Making 10AM-2PM | 8 COH Movie Night Tribal Hall 5:30pm<br>sha'yuushtɬ'a uɬ quuiich class 4pm-6pm | 9<br>Regalia Making Eugene Outreach 10-4 |
| 10 Regalia Making Eugene Outreach 10-4pm<br>Regular Council Meeting 10:00am | 11<br>Veteran's Day Tribal Offices Closed | 12 Parenting class Eugene/zoom 6pm<br>miluk language class 4pm-6pm | 13<br>hanis language class 4pm-6pm | 14 Elders Luncheon Community Center<br>Culture Committee Meeting 4PM | 15<br>Tribal Court Edu Series Tribal Hall 12PM-1:30PM<br>sha'yuushtɬ'a uɬ quuiich class 4pm-6pm | 16<br>Fall Harvest Gathering Community Center |
| 17 | 18 | 19 Parenting class Eugene/zoom 6pm<br>miluk language class 4pm-6pm | 20<br>hanis language class 4pm-6pm | 21<br>Gift Making 10AM-2PM | 22<br>sha'yuushtɬ'a uɬ quuiich class 4pm-6pm | 23<br>Regalia Making Eugene Outreach 10AM-2PM |
| 24<br>Regalia Making Eugene Outreach 10AM-2PM | 25 | 26 Parenting class Eugene/zoom 6pm<br>miluk language class 4pm-6pm | 27 hanis language class 4pm-6pm<br>Business Council Meeting 6:00 p.m. | 28<br>Tribal Offices Closed Thanksgiving Day | 29<br>Tribal Offices Closed Native American Heritage Day | 30 |

Tuesday's
After School Program
3:30PM-5:30PM

Thursday's
After School Program
3:30PM-5:30PM

# December 2024

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 After School Program 3:30PM-5:30PM<br>miluk language class 4pm-6pm | 4<br>Elders Potluck Tribal Hall | 5<br>After School Program 3:30PM-5:30PM | 6 | 7<br>Holiday Celebration |
| 8<br>Regular Council Meeting 10:00am | 9 | 10<br>After School Program 3:30PM-5:30PM | 11 | 12 After School Program 3:30PM-5:30PM<br>Culture Committee Meeting 4PM | 13 | 14 |
| 15 | 16 | 17<br>After School Program 3:30PM-5:30PM | 18 | 19 Winter Solstice Activities<br>After School Program 3:30PM-5:30PM | 20 | 21 |
| 22 | 23 | 24<br>Tribal Offices Closed Staff Appreciation Day | 25<br>Tribal Offices Closed Christmas Day | 26 | 27 | 28 |
| 29 | 30 | 31 | 1<br>New Year's Day Peace Hike, Yachats | 2 | 3 | 4 |

*Hiis Haiyach – with a good heart*



**THE VOICE OF CLUSI MONTHLY TRIBAL PAPER**

If you or anyone in your family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter.

I look forward to hearing from you!

Visit www.ctclusi.org/events to view the online event calendar

Morgan Gaines, Communications Specialist
Office: (541) 888-7536
Cell: (541) 808-7918
Email: mgaines@ctclusi.org

HOT SEAT Sweepstakes
MONDAYS 6PM-9PM
$100 Free Play Hot Seats every 20 minutes. $1,000 Cash Grand Prize drawing at 9PM.

Cash IN THE Bag
TUESDAYS 7PM-9PM
Drawings every 30 minutes to win a Designer Bag. PLUS, a cash prize up to $250! One entry for every 50 same-day points earned on Tuesdays.

PRESS FOR CASH
WEDNESDAYS 7PM-9PM
Drawings every hour.
Win up to $5,000! One entry for every 50 points earned.

Ca$h PARTY
FRIDAYS 7PM-9PM
$1,000 Drawings every half hour.
5 Winners every week!

CLAIM YOUR CA$E
$2,500
SATURDAYS | 7PM-9PM
5 WINNERS EVERY WEEK!
Drawings every 30 minutes
Earn entries daily.One entry for every 100 points earned.

THANKSGIVING Dinner
Café 1297
THURSDAY, NOVEMBER 28 • 11AM-9PM
Slow roasted turkey breast served with traditional stuffing, mashed potatoes and turkey gravy, candied orange carrots with fresh mint and a dinner roll. Your choice of pumpkin pie or pecan pie for dessert.
$25

THREE RIVERS CASINO
COOS BAY
541-808-9204 | THREERIVERSCASINO.COM