The Voice of CLUSI

June 2024

Issue 6

Volume 25

www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

Three Rivers Foundation Boosts Oregon's Economy with Over $720,000 in Grants to 95 Local Nonprofits



Chief Doug Barrett (above center) awards the Ocean Beaches 4-H group.



Chief Barrett and Vice Chair Teresa Spangler unfold blanket gift.

Florence, Oregon - Three Rivers Foundation, established by the Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians as the charitable arm of the Three Rivers Casino Resort, proudly announced the award of over $720,000 to support the missions of 95 nonprofit organizations across Oregon.

Demonstrating its commitment to community enrichment, the Three Rivers Foundation distributed funds to a diverse range of nonprofits in sectors ranging from healthcare and education to combating food insecurities and enriching the lives of children.

"It makes my heart feel good. It's just awesome that we can help these folks make an impact on their organizations and their communities," said Chief Doug Barrett, Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians.

Nonprofits in Coos, Curry, Douglas, Lane, Lincoln, Harney, and Multnomah counties were awarded funding. Each received between $5,000 and $40,000 to continue providing services for Oregonians.

"We provide peer support services for new, expectant and grieving families or anything that a family might need to heal and recover from postpartum depression, loss of their pregnancy or infant and infertility," said Lyndsie Leech, WellMama Executive Director. "This grant is particularly meaningful for us because we are trying to expand these services into some of the more rural areas. We recognize that the more isolated you are, the more you need those in-person services."

"We got a $10,000 check for our Natural Resource program at Siuslaw High School for drones," said Amy Tregoning, Siuslaw High School teacher. We are teaching kids how to use them because they are being used increasingly in the natural resource field—think wildfires and population densities. We hope to train our students and get them to take their pilot's license before they leave high school so that they can start a career a bit further ahead of everyone else."

"It's massive; the amount that Three Rivers Foundation can contribute to everyone in the local community is immense. We couldn't get nearly as much done as we have without these types of contributions," said Stephen Beale, Florence Food Share Operations Manager. The Florence Food Share was granted $10,000.

"One in two families can't afford enough to keep their baby clean, dry, and healthy. There is no state or governmental assistance for diaper support, so $10,000 goes a long way in our small nonprofit," said Teresa Baur, Lane County Diaper Bank Founder.

On Friday, May 10, all organizations gathered for a luncheon at Three Rivers Casino in Florence, where they were awarded their grants.

The North Bend Police Department was a first-time grant recipient. "We are purchasing individual first aid kits for any type of emergency, anywhere from a traumatic crash or active shooter. It's going to get them prepared now that we have the money from the foundation," said Captain Ed Perry, North Bend Police Department.

"On our project, we are trying to expand our technology in our electives and social-emotional learning classes," said Cece Howell, Business Manager at Siuslaw School District. "This grant will go to our podcasting team."

The foundation requests applications at the beginning of each year and will continue to award impactful grants each year.

Media Contact: Rich Colton, Director of Marketing
rcolton@threeriverscasino.com

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Confederated Tribes of Coos,
Lower Umpqua and Siuslaw Indians
1245 Fulton Avenue
Coos Bay, OR 97420

Save the Date:

Salmon Ceremony

Sunday, August 4, 2024

Tribal Council Business

Activity of Elected Tribal Council Members from April 14, 2024 - May 11, 2024

Chief Doug Barrett

04/14 Tribal Council Meeting / General Council Meeting
04/16 Elakha tribal discussion
04/17 OCCP Networking hour, MHA/ LADCP Monthly meeting
04/18 Taskforce on Alcohol Pricing and Addiction services, Leaders Circle
04/19 Tribal Council off/site Workshop
04/20 Tribal Council off/site Workshop
04/22 Renewable Energy Modernization Final Rule, Tribal Council / GFORB
04/23 NARA Board Meet and Greet
04/24 Special Meeting, GFORB / Tribal Council Business Meeting
04/25 Three Rivers Foundation Decision Meeting
04/27 Siuslaw Play Shop Event – Lets Paddle and go Hiking
04/30 NARA Northwest Board Meeting
05/02 Taskforce on Alcohol Pricing and Addiction Services, Leaders Circle
05/03 Language Class
05/04 Three Rivers Clinic Tour and filming
05/05 MMIP event and film (Missing and Murdered Indigenous People)
05/06 Siuslaw Restoration and Outreach Team Meeting, Tribal Council lunch meeting with Cow Creek Leadership
05/07 Coos Bay Three Rivers Casino 9th Anniversary Celebration
05/09 SOR / TOR Monthly Meetings, ODFW Director Recruitment virtual meeting, Culture Committee Meeting, Three Rivers Foundation Lunch and Giveaway event at TRC
05/11 Tribal Council Regular Meeting
Emails
Total Hours: 182

Brad Kneaper, Chair

04/04 Tribal Regular Council Meeting, General Council Meeting, no quorum was reached and a discussion was held
04/15 Meet with CEO, COO regarding previous days meetings and discussions
04/18 Leader's Circle: US Forest Service Grant Award; South Slough 50th Anniversary Celebration Invite; Forest Management Plan BIA Response; Natives Program Presentation; Education Department Maternal, Infant and Early Childhood Home Visiting Program
04/19 Travel to Seven Feathers Casino for Offsite Workshop: Property Use and information; Current Tribal Projects; New Ad-Hoc Committee.
04/20 Off Site Workshop: Council Rules and Procedures; Tribal and Casino Debt Status/Finance; Travel Home
04/22 Meeting with GFORB and Tribal Council
04/24 Special Council Meeting: Resolution, Gaming Operational Review Board Meeting, Meeting with Sovereign Finance, TRC Management: regarding Casino Debt Progress Report
04/25 Elliot State Forest Update with Forestry, Meeting with Department of State Lands Director Vicki Walker: discuss continuing involvement of planning in The Elliot State Forest
04/26 Tour Three Rivers Health Center construction progress, Meet with Tribal Human Resources Department regarding Personnel
04/30 Meet with CEO and staff, Press Release: Tribal Disappointment Bureau of Ocean Energy Management announcement to move ahead with Off Shore Wind Energy Area Leases
05/02 Leader's Circle: Indian Trust Asset Management Plan (ITAMP) BIA feedback; Elliot State Forest Update
05/04 Media Interview regarding the upcoming opening of the Three Rivers Health Center
05/06 Meet with Cow Creek Band of Umpqua Indians Chair, and CEO regarding items of mutual interest
05/09 Meet with Oregon Department of Fish and Wildlife Director Candidates and the 9 Tribes, Meet with Gaming Operational Review Board and Casino Management
05/10 Three Rivers Foundation Grant Award Luncheon
Total Hours: 167

Teresa Spangler, Vice Chair

04/14 Regular Council Meeting, General Council Meeting
04/18 Leader Circle
04/19 Council Offsite Workshop
04/20 Council Offsite Workshop
04/22 GFORB Meeting with Council
04/24 Special Meeting prior to GFORB, Meeting with Sovereign Finance, Business Council Meeting
04/25 Foundation Decision Meeting
05/02 Leaders Circle Meeting
05/10 Three Rivers Foundation Luncheon:
E-mails and Phone Calls
Total Hours: 89

Debbie Bossley

04/14 Council Meeting General Council Meeting
04/18 Leaders Circle
04/19 Tribal Council Off Site Workshop
04/20 Tribal Council Off Site Workshop
05/02 Leaders Circle
05/07 Coos Bay Casino, 9th Anniversary
05/10 Three Rivers Foundation Luncheon
05/11 Regular Council Meeting- Eugene Outreach
Read and respond to emails
Total Hours: 52.5

Julie Siestreem

04/14 Tribal Council/ General Council, Tribal Council Executive Session
04/15 BOEM Oregon EA Section 106 Consulting Parties UPDATE Bert Ho
04/18 Tribal Council Leaders Circle Mtg.
04/19 Tribal Council Workshop Day 1/2 7 Feathers Casino Canyonville, OR
04/20 Tribal Council Workshop Day 2/2 7 Feathers Casino Canyonville, OR
04/22 BOEM Renewable Energy Modernization Final Rule How Feedback and Comments from Tribes informed the Final Rule Bernard J. Howard Tribal Coordinator, Tribal Council GFORB
04/26 Tribal Council Finance Meeting
04/24 Tribal Council GFORB Meeting, Tribal Council Business Meeting
04/29 4j NATIVES Program Talking Circle
05/01 LCIS Nine Tribe Commissioner
05/02 Tribal Council Leaders Circle
05/03 4j NATIVES IPC Meeting
05/05 MMIP Ceremony Coos Bay Boardwalk
05/09 Elders Luncheon Community Center, ODFW Director Recruitment Interview Panel
05/10 Foundation Annual Award Luncheon
05/11 Tribal Council General Council Regular Meeting Eugene Outreach Offices, Tribal Council Executive Session Regular Monthly Meeting Eugene Outreach Offices
Emails, phone calls, text, research, driving
Total Hours: 130

Iliana Montiel

04/14 Tribal Council Regular Meeting
04/18 Leaders Circle
04/19 Tribal Council Workshop
04/20 Tribal Council Workshop
04/22 TC/GFORB special meeting
04/24 Special Meeting / GFORB / Tribal Council Business Meeting
05/09 GFORB discussion
05/10 TRC Foundation Luncheon
reading & responding to emails & calls.
Total Hours: 40

Can You Find Me?

In this edition of The Voice of CLUSI there is a hidden image of a **CAMAS exactly like the one pictured at right**.
It could be any size and on any page, but will look exactly like the one shown here.
If you find it, email mgaines@ctclusi.org to have your name entered into a prize drawing. **In your email you must include your name, age, address (for mailing purposes) and contact phone number. In your email you must also let us know what page and where on the page you spotted the CAMAS hiding!**
Must email by June 14th to be included in the raffle drawing.
Winners will be notified by phone or email and their name will appear in an upcoming edition of the Voice of CLUSI paper. Prizes will vary and are provided by different CTCLUSI Government departments.



April "Flicker Feather" Winners:

Adult - Stan McNutt
Youth - Grayson Dollins

The Flicker Feather from the May 2024 edition of The Voice of CLUSI was located on page 10, bottom left hand photo in the hair of the girl in overalls.

Information

QUESTIONS OR SUGGESTIONS?
The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc.
Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
ATTN: Tribal Council 1245 Fulton Ave.
Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST
If you are a Tribal member and interested in being on a committee, please contact Jeannie Miller, 541-888-7506 or jmiller@ctclusi.org
We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES
Veterans we need your help. Veterans are honored at the Salmon Ceremony each year. Please contact Jeannie Miller at 541-888-7506 or at email jmiller@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE NORTHWEST FOREST PASSES
Now available at the Tribal Administration Building, Florence and Eugene Outreach offices.
Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?
Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., either online at www.ctclusi.org/enrollment or mail to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7538 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES
The full meeting video is available at www.ctclusi.org If you are an enrolled member of CTCLUSI and would like to receive typed copies of the Tribal Council Meeting minutes please submit a written request to Jeannie Miller at 1245 Fulton Ave. Coos Bay OR 97420 or jmiller@ctclusi.org Please include the meeting date requested, your name, current address, and Tribal Roll number for verification.

CTCLUSI Departments, Services & Offices

Government Office
Lee Ann Wander
Chief Executive Officer
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
lwander@ctclusi.org

Brian Dubray,
Chief Operating Officer
Phone 541-888-9577
bdubray@ctclusi.org

Health Services Division
John Reeves III, Health Administrator
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7515
Fax 541-888-5388
jreeves@ctclusi.org

Department of Human Resources
Stephanie McNutt, Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Fax: 541-897-9881
smcnutt@ctclusi.org

Tribal Housing Department
Jamie Meyers, Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-435-7150
Fax 541-435-0492
jmeyers@ctclusi.org

Purchased/Referred Care
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
prc@ctclusi.org

Education Department
Jemiah Wassman, Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1314
Toll free 1-888-280-0726
jwassman@ctclusi.org

Social Services Department
Kelly Bradley, Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7526
Toll Free 1-888-280-0726
Fax 541-888-5388
kbradley@ctclusi.org

Tribal Dental Clinic
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

Elders Activities
Jodi Beesley,
Community Health Representative/ Elders Activity Coordinator
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-888-7532
jbeesley@ctclusi.org

Tribal Court
Karen Costello, Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalct@ctclusi.org

Eugene Outreach Office
135 Silver Lane, Suite 200
Eugene, OR 97404
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

Florence Outreach Office
Physical: 3757 Hwy 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

Tribal Gaming Commission
Rusty Bossley,
Executive Director of the Gaming Commission
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
rbossley@ctclusi.org

Tribal Police
Brian Dubray, Police Chief
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bdubray@ctclusi.org

Department of Culture and Natural Resources
Ashley Russell,
Interim Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
Fax 541-888-2853
arussell@ctclusi.org

Department of Culture and Natural Resources
Jesse Beers,
Cultural Stewardship Manager
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-997-6685
Fax 541-888-2853
jbeers@ctclusi.org

Tribal Committee Members

Budget Committee
1. Martin Harris
2. VACANT
3. Margaret Corvi
4. **Stephanie Watkins, Chair**
stephaniewatkins1360@gmail.com
5. Teresa Spangler
6. Allen (Butch) Swigert
7. Roseanna Perry

Culture Committee
1. Earla Kirk
2. Doug Barrett
3. Jennifer L. Conway-Portillo
4. Nicole Romine
5. Michael Brainard
6. Patrica Whereat-Phillips, Chair
pphillips@ctclusi.org

Education Committee
1. Michelle Brix
2. Julie Siestreem
3. VACANT
4. Ashley Russell, Chair
arussell@ctclusi.org
5. Michael Brainard

Elders Committee
1. **Arleen Perkins, Chair**
2. Eddie Helms
3. Warren (Tom) Brainard
4. Laura Fortin
5. Martin Harris
6. Allen (Butch) Swigert
7. Brad Kneaper

Enrollment Committee
1. Warren T. Brainard
2. Patricia Whereat-Phillips
3. Skip Brainard
4. Vicki Faciane, Chair
vicki.faciane@gmail.com
5. Teresa Spangler

Housing Committee
1. VACANT
2. Danny Krossman, Chair
dkrossman33@gmail.com
3. Enna Helms
4. Allen Swigert
5. Tyler Slyter

Language Committee
1. Jennifer L. Conway-Portillo
2. Tammy Evarts
3. Jade Fong
4. VACANT
5. **Jamie Biesanz, Chair**
jamiebiesanz@gmail.com
6. Jesse Beers
7. Ayuthea Cisneros

Election Board
1. VACANT
2. Michael Brainard, Chair
qaxas19@gmail.com
3. Teresa Gagner
4. Mark Petrie
5. Kathy Perkins
6. Pauline Benson
7. Ashley Russell

Are you a Tribal member who would like to learn more about a Tribal Committee, or are interested in being on a committee? Reach out to a Committee Chair person or a Tribal Government Staff member.

Committee Chairs are noted at left with current sitting members of the committee at the time of publication of this paper.

For questions, please contact Jeannie Miller, 541-888-7506 or jmiller@ctclusi.org

The Tribe maintains a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not. Letters of interest remain on file for one full year. Members can serve on up to three committees simultaneously.

THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you!
-Morgan Gaines, Communications Specialist
mgaines@ctclusi.org or 541-888-7536

Upcoming Events

Turn to page 19 of this publication for a monthly calendar of upcoming events or visit the Events Calendar on the tribal website at https://ctclusi.org/events/

Tribal Council

Doug Barrett, Chief
541-297-2130 (cell)
doug.barrett@ctclusi.org

Enna Helms
Position #1 Council
541-297-7538 (cell)
enna.helms@ctclusi.org

Brad Kneaper, Chair
Position #2 Council
541-808-5178 (cell)
brad.kneaper@ctclusi.org

Julie Siestreem
Position #3 Council
541-294-6055
jsiestreem@ctclusi.org

Teresa Spangler, Vice Chair
Position #4 Council
541-294-3972
tspangler@ctclusi.org

Iliana Montiel
Position #5 Council
541-217-4613(cell)
iliana.montiel@ctclusi.org

Debbie Bossley
Position #6 Council
541-808-5580(cell)
debbie.bossley@ctclusi.org

Council Meeting

June 9, 2024
10:00 a.m.
Coos Bay Community Center
338 Wallace Ave.
Please login to the citizen portal of www.ctclusi.org and click Council Meetings for the zoom link to this meeting.

Agenda:
1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Chief Executive Officer Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

Resolution Summaries

RESOLUTION NO.: 24-053
Date of Passage: April 14, 2024
Subject (title): Establishment of CLUSITC Chapter 3-4 Hunting, Fishing Trapping and Gather Code for First Reading
Explanation: Tribal Council approves the creation of this Code to be posted for 28 day comment. **Vote 7-0-0**

RESOLUTION NO.: 24-054
Date of Passage: April 14, 2024
Subject (title): Integrated Solid Waste Management Plan
Explanation: Tribal Council approves this plan presented by the Department of Cultural and Natural Resources.
Vote 6-0-0

RESOLUTION NO.: 24-055
ate of Passage: April 14, 2024
Subject (title): Inflation Reduction Act Clean Air Act Section 103 Grant Proposal
Explanation: Tribal Council approves the submission of this grant from the EPA for air monitoring . **Vote 7-0-0**

RESOLUTION NO.: 24-056
Date of Passage: April 14, 2024
Subject (title): Environmental Protection Agency Performance Partnership Grants
Explanation: Tribal Council approves the submission of grant funding for environmental protection. **Vote 7-0-0**

RESOLUTION NO.: 24-057
Date of Passage: April 14, 2024
Subject (title): Enrollment New Member
Explanation: Tribal Council approves 8 new applicants into the Tribe for enrollment as follows: Johnny Hermsen, Everleigh Hermsen, Ryatt Sorrell, Alexander Motes, Michael Billings, Ryan Gutierrez, Georgia Kasperzyk and Vivian Cline. **Vote 7-0-0**

RESOLUTION NO.: 24-058
Date of Passage: April 14, 2024
Subject (title): Enrollment Name Changes and Corrections to Roll
Explanation: Tribal Council approves 7 members of the Tribe who have submitted recent name changes through the enrollment Committee. **Vote 6-0-1**

RESOLUTION NO.: 24-059
Date of Passage: April 14, 2024
Subject (title): Enrollment Active to Historic
Explanation: Tribal Council approves moving the following member from the active role and places their name on the historic roll located at the Tribal Hall: Scott Ingersoll. **Vote 6-0-1**

RESOLUTION NO.: 24-060
Date of Passage: April 14, 2024
Subject (title): Health Care Systems Inc License Purchase Master Customer Agreement
Explanation: Tribal Council approves this master customer agreement for the Three Rivers Health Center. **Vote 6-0-1**

RESOLUTION NO.: 24-061
Date of Passage: April 14, 2024
Subject (title): Terraphase Engineering Inc
Explanation: Tribal Council approves agreement for the development of environmental assessments for the forest land tracts. **Vote 7-0-0**

RESOLUTION NO.: 24-062
Date of Passage: April 14, 2024
Subject (title): Approval of Purchase of Property in Coos Bay
Explanation: Tribal Council approves the purchase of this home as additional housing for the Tribal Owned Inventory, not associated with HUD. **Vote 7-0-0**

RESOLUTION NO.: 24-063
Date of Passage: April 24, 2024
Subject (title): Personnel Matter
Explanation: Tribal Council approves this Resolution. **Vote 7-0-0**

RESOLUTION NO.: 24-064
Date of Passage: April 24, 2024
Subject (title): Policy for Extraordinary Achievement Sponsorships Funding Assistance
Explanation: Tribal Council approves this new policy to assist members who have obtained special achievement and may need assistance financially to participate.
Vote 7-0-0

RESOLUTION NO.: 24-065
Date of Passage: April 24, 2024
Subject (title): Eugene 4J Title VI Natives Program Support
Explanation: Tribal Council approves the program support for of the Native Program in Eugene. **Vote 7-0-0**

RESOLUTION NO.: 24-066
Date of Passage: April 24, 2024
Subject (title): Administration for Children and Families (ACF) Tribal Maternal Infant and Early Childhood Home Visiting Program Grant
Explanation: Tribal Council approves this grant application for new funding and programs offered by Education. **Vote 6-1-0**

RESOLUTION NO.: 24-067
Date of Passage: April 24, 2024
Subject (title): Contract for Two Year Waite Ranch Construction
Explanation: Tribal Council approves this continuation of expenses for the ongoing Waite Ranch Restoration Project.
Vote 7-0-0

RESOLUTION NO.: 24-068
Date of Passage: April 24, 2024
Subject (title): Gaming Order
Explanation: Tribal Council approves this gaming order for Three Rivers Casino and Hotel. **Vote 6-0-1**

RESOLUTION NO.: 24-069
Date of Passage: April 24, 2024
Subject (title): Gaming Order
Explanation: Tribal Council approves this gaming order for Three Rivers Casino and Hotel. **Vote 6-0-1**

RESOLUTION NO.: 24-070
Date of Passage: April 24, 2024
Subject (title): Coos Head Trust Acquisition and Reservation Proclamation
Explanation: Tribal Council approves the request from the Secretary of the Interior for the land in to Trust. **Vote 7-0-0**

RESOLUTION NO.: 24-071
Date of Passage: April 24, 2024
Subject (title): Three Rivers Pharmacy Logo
Explanation: Tribal Council approves this logo for Three Rives Health Center Logo for all marketing products. **Vote 6-0-1**

In this public paper, some Resolution titles and explanation will not be displayed or minimal details due to confidentiality.



THE VOICE OF CLUSI MONTHLY TRIBAL PAPER

If you or anyone in your family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter.

I look forward to hearing from you!

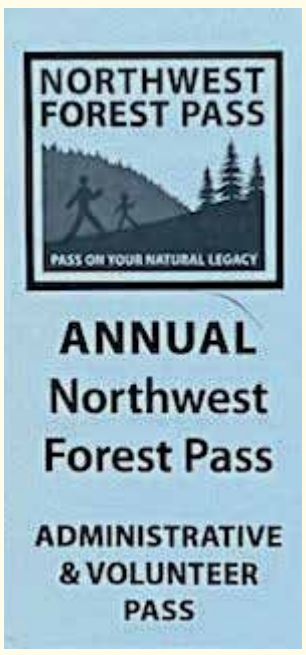
Visit www.ctclusi.org/events to view the online event calendar

Morgan Gaines, Communications Specialist
Office: (541) 888-7536
Cell: (541) 808-7918
Email: mgaines@ctclusi.org

Don't forget to get your Annual Northwest Forest Pass!

Each of our 3 offices have these available for Tribal Members to pick up at the front desk.

Our current stock expires in November, so get them now before time runs out on them!





Historic Family Photos Needed

As we begin planning for our 40th Restoration we are seeking any historic family photos Tribal membership are willing to share.

We ask that all submission please be sent to ***enrollment@ctclusi.org*** with your family name so it can be properly represented.

Posted June 2024

ENROLLMENT COMMITTEE'S RECOMMENDATIONS FOR TRIBAL MEMBERSHIP

The Enrollment Committee recommends that the enrollment of the Applicants listed below should be approved. Besides publication in the Tribal Newsletter, according to CLUSITC 7-1-36(i), this information will be posted in the Administrative Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino for twenty-eight (28) days from the date listed above.

Tribal Member: Emmett Stanley Dull	**Tribal Member: Clayton-Jon Patrick Hoyle**
Parent: Galen Christopher Dull	Parent: Timothy Austin Hoyle
Lineal Descendant: Roy Robert Brainard	Lineal Descendant: Harmon Elliott Elliott Sr
Tribe: Coos	Tribe: Siuslaw
Tribal Member: Brenten Dean Dollins	**Tribal Member: Dalton Joshua Zink**
Parent: Matthew Scott Dollins	Parent: Kenneth James Brainard
Lineal Descendant: Gerald J (Emery) Tabernig	Lineal James William Brainard Jr
Tribe: Coos	Tribe: Coos
Tribal Member: Griffin Alexander McCoy	**Tribal Member: Ryatt Abel Young**
Parent: Melissa Denise Reeves	Parent: Samantha Jean Gilbert
Lineal Descendant: Lillian Mae Lott	Lineal Descendant: William Ivy Morris
Tribe: Lower Umpqua	Tribe: Lower Umpqua

In accordance with CLUSITC 7-1-37(a), Tribal Members shall have the right to protest the recommendation of the Committee approving an application and must file a written, signed protest with the Committee stating their reasons for believing that an Applicant(s) is not entitled to enrollment. The protest must be filed with the Committee within twenty-eight (28) days after notice of the proposed enrollment is posted as described in CLUSITC 7-1-36(i).

Hands of Harvest Voucher

Coos Bay Farmer's Market
Wednesdays
9:00am- 2:00pm

Please provide:
Name:
Enrollment #:
Household Size:
*Per each voucher request
*1 request per household
AVAILABLE SEMI-MONTHLY

Please submit requests to
Nicole Romine
541-294-9341
nromine@ctclusi.org



Tribal Youth Denver Krossman

Transportation Available on Request
Wednesdays through August 28th,
2024- October 23rd, 2024
Please contact, Kathy Perkins
541-808-8282 kperkins@ctclusi.org





Please Contact:
Nicole Romine for more information or questions

Hands of Harvest's
Frequently Asked Questions

Vouchers can be requested **SEMI-MONTHLY,** no later than the Monday prior to that Wednesday Farmer's Market. Any requests after 5:00 p.m. that Monday will not be available until the next week.

Enrolled tribal households only
and **NO INCOME LIMITS**

Parent or Guardian of an Enrolled Tribal Youth (age 1-17), within their household, may request for voucher on behalf of the youth.

Tribal Household's **DO NOT** have to be located within the 5 County Service Area. However, the Vouchers are **only valid at the Coos Bay's Farmer's Market**

If needed, 1 (one) alternate, will be able to pick-up the vouchers (ID required) and the alternate will be the same for the duration of the 2024 season.

Vouchers can be requested at 1 (one) at a time **SEMI-MONTHLY** and after the last request has been picked-up or the certified mail receipt, with a signature, has been returned to CTCLSI via mail then you may submit a request for the next 2 weeks.

Vouchers are VALID until October 30, 2024, and do not have to be used within that week they are received.

Vouchers can be saved each week you request and receive them, then they can be combined at the Farmer's Market all at once. **Example:** Canning Peaches, you can save several weeks of vouchers and purchase a large quantity of peaches when they are in season to preserve. Vouchers will not be saved by the program for you.

Transportation may be available by request. Please contact Kathy Perkins to make requests. 541-808-8282 or kperkins@ctclusi.org

****Vouchers are available while supplies last****

FRESH AIR DAY CAMP

July 8th - 19th

8:30 a.m. - 3:30 p.m.
Tribal Hall/ Community Center
338 Wallace Ave., Coos Bay, OR

All students ages 5 - 18
CTCLUSI Tribal children, staff children, children from other Tribes, Children in a Tribal Home

Contact Education Department to RSVP
Brandy Lauby, Edu Specialist-Children's Programs
541-888-1314
blauby@ctclusi.org

Tribal Tobacco Prevention Program



This year we have grown our

Nicotiana quadrivalvis var. multivalvis

(Columbian Tobacco)

Seeds and dried Tobacco available



If you need Traditional Tobacco please reach out to

Nicole Romine

541-294-9341 or nromine@ctclusi.org

dai (Hello), Tribal Families!

Summer Youth Opportunities

Wellness Warrior Camp
Grand Ronde, OR
June 24–27, 2024 (Ages 12–18)



&



United National Indian Tribal Youth (UNITY) National Conference
Portland, OR
June 29– July 5th, 2024 (Ages 14–24)

Deadline to Submit Letter of Interest
June 7th (Spots are limited)

Please provide a paragraph about what cultural practices mean to you and how commercial tobacco has affected your life or the lives of those around you. Please submit to Nicole Romine nromine@ctclusi.org

Please Contact Nicole Romine for more information
541-294-9341 OR nromine@ctclusi.org

Youth are welcome to attend both conferences if they are in both age groups!

All expenses paid

Oregon State University

SOUTHWESTERN
AN OREGON COMMUNITY COLLEGE

Environmental Leadership for Youth

INDIGENOUS YOUTH CAMP

at Oregon State University

AUGUST 11 - 16, 2024

INVITING NATIVE AMERICAN YOUTH ENTERING 9TH - 12TH GRADE IN OREGON.

- NATURAL SCIENCES
- STEPS TO COLLEGE ACCESS AND FINANCIAL AID
- STAY IN THE DORMS
- ENVIRONMENTAL CAREERS
- FIELD TRIPS:
  - CANOE PADDLE
  - FRESHWATER SNORKELING
  - CHALLENGE COURSE
  - HATFIELD MARINE SCIENCE CENTER
  - AND MORE
- $500 COMPLETION AWARD



Registration at https://laserfiche.ctclusi.org/Forms/New-Beginnings-Tribal-Student-OSU-SOCC-Overnight-Camp-2024

More info at https://ely.oregonstate.edu/indigenous-youth-program/

WITH CONFEDERATED TRIBES OF COOS, LOWER UMPQUA AND SIUSLAW INDIANS (CTCLUSI)

Contacts: OSU Coordinator, Bessie Joyce (541) 743 6106 bessiejoyce4@gmail.com or CTCLUSI Education Director Jemiah Wassman (541) 888-9577

How to Help

Know the facts. Complex, interrelated factors contribute to suicide among Native American, Indian, Indigenous, and Alaska Natives. Members of these communities have experienced trauma from wars, loss of land, genocide, and forced removal from ancestral lands.

Ask and listen. Be an active part of your loved ones' support systems and check in with them often. If they show any warning signs for suicide, be direct. Tell them it's OK to talk about suicidal feelings. Practice active listening techniques and let them talk without judgment.

Get them help and take care of yourself. Research local resources. Don't be afraid to get your loved one the help they might need. Support them in identifying others to talk to that may understand how they feel – family members, friends, co-workers, and community or spiritual leaders. The 988 Lifeline is always here to talk or chat, both for support in a time of crisis and to support friends and loved ones.

https://988lifeline.org/

988
SUICIDE & CRISIS LIFELINE

Merkley, Wyden Announce Nearly $1.7 Million for State and Tribal Historical Preservation in Oregon

Article pulled on May 8, 2024 from https://www.wyden.senate.gov/

Washington, D.C. – Oregon's U.S. Senators Jeff Merkley and Ron Wyden today announced the National Park Service (NPS) is awarding a total of $1,697,354 in Historic Preservation Fund (HPF) investments to help preserve treasured historical and cultural places in the state. These investments include $1,161,729 for State and Local Preservation Grants and $535,625 in Tribal Preservation Grants.

"A core pillar of ensuring Oregon's future success is preserving its rich past, places, and culturally significant sites, including for Tribes who have been here since time immemorial," said Merkley, who oversees the budget for the National Park Service and annual funding for the Historic Preservation Fund as chairman of the Senate Interior Appropriations Subcommittee. "These investments are key to helping our communities and Tribes take the reins of local preservation and protect our beloved resources for generations to come."

"Ensuring that local and tribal communities have the resources they need to protect important historical sites is essential to creating a brighter future and a well-informed public," Wyden said. "Oregon has a long and complex history. I applaud this federal investment to communities across Oregon, and will continue to advocate for resources to help safeguard our state's historical sites."

Since launching in 1977, the HPF has provided more than $2.7 billion in historic preservation grants to states, Tribes, local governments, and nonprofit organizations. These investments support a variety of historic preservation programs and projects to help preserve the nation's cultural resources and history. Further, the HPF is supported by Outer Continental Shelf oil and gas lease revenues, not tax dollars, with the intent to mitigate the loss of a non-renewable resource to benefit the preservation of other irreplaceable resources.

In the latest HPF investment announcement from the NPS, they awarded $62.15 million in nationwide grants to historic preservation offices in states, territories, the District of Columbia, and partnering nations, which includes the $1,161,729 in State and Local Preservation Grants for Oregon that will be administered by the State.

The NPS also awarded $23 million to Tribal historic preservation offices around the country, $535,625 of which has been awarded to the following seven federally recognized Tribes in Oregon:

- $127,740 – Confederated Tribes of Warm Springs
- $118,119 – Confederated Tribes of the Umatilla Indian Reservation
- $102,393 – Cow Creek Band of Umpqua Tribe of Indians
- $100,491 – Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
- $99,117 – Confederated Tribes of Grand Ronde
- $97,254 – Coquille Indian Tribe
- $92,021 – Burns Paiute Tribe

These Tribal Preservation Grants will help enable the Tribes to assume Oregon State Historic Preservation Office (SHPO) responsibilities on Tribal lands and save important cultural places and traditions.

###

Reminder: Three Rivers Pharmacy Sign-up and Operating Hours

All eligible Tribal members in the 5-county service area must use Three Rivers Pharmacy for maintenance medications. Maintenance medications are any drugs that you use on a daily or regular basis for chronic medical conditions. You must fill all medications there if you live within a 30-mile radius of Three Rivers Pharmacy.

Three Rivers Pharmacy is located inside Three Rivers Health Center at 150 S Wall St. Coos Bay, OR, and will be open for business between 7:30 am and 7:00 pm, Monday through Friday. If you did not get your medications transferred by the June 1, 2024 deadline, contact our Three Rivers Pharmacy team at 541-435-7234. Not doing so may lead to PRC not paying for your prescription(s).

THREE RIVERS HEALTH CENTER



CONFEDERATED TRIBES OF COOS, LOWER UMPQUA, AND SIUSLAW INDIANS WELCOMES THE

JUNE 18-22

TRIBAL HALL

2024

SUMMER SOLSTICE

DAILY CULTURAL ACTIVITIES:

JUNE 18TH - 22ND
BASKETRY COLLECTION, TULE AND CAMAS GATHERING, TOMAHAWK & ARCHERY TOURNAMENT
JUNE 20TH: WOMEN'S SWEAT
JUNE 21ST: MEN'S SWEAT
JUNE 22ND: CANOEING AT SUNSET BAY

CEREMONY DANCING 19TH-21ST

CONTACT PERSON: ENNA HELMS (541) 297-7538

PLANNING TO CAMP OVERNIGHT FOR SOLSTICE? PLEASE VISIT WWW.CTCLUSI.ORG TO FILL OUT REGISTRATION FORM

This is a drug & alcohol free, family-friendly event.

Tribal Artisans Wanted for Cultural Displays!

The Curation and Cultural Programs are reaching out to all Tribal Families to seek artisans to create cultural works of art, including bead work and jewelry, weaving, cedar works, painting, wood working and carving or historic family photographs. Your contributions will be featured in various displays in many Government properties, such as Three Rivers Health Center, CTCLUSI's True History Gallery Lagauwiiyat'as, and the Administration Offices located in Coos Bay, Florence and Eugene.

The focus of these displays has multiple purposes. The Tribe wants to feature the contemporary culture of our Tribe, as well as illuminate and celebrate the skills of our Tribal members. Visitors, including Tribal families, staff and members of our communities will be able to view the art and rich cultural displays and hopefully learn and appreciate CTCLUSI origins, history, and continued artistry.

Interested artists should submit their project ideas to Tribal Historic Preservation Office, thpo@ctclusi.org, and a workgroup of cultural knowledge holders will evaluate project ideas based on various factors and display needs.

All selected artists will be offered fair and consistent compensation for their submissions. Donations or loans of pieces of work will also be accepted with agreements available.

Your submission of artistic work or photographs will be displayed with acknowledgements of you and any other relevant information.

Submit project ideas to Tribal Historic Preservation Office thpo@ctclusi.org

JOIN A TRIBAL COMMITTEE !

We are accepting Letters of Interest for Tribal Committees. We have had some recent vacancies. Tribal Committees cover several areas of the Tribe and work with various departments. Below is a list of Committees you may be interested in becoming a member of:

Culture Committee - Budget Committee

Education Committee - Elders Committee - Enrollment Committee - Language Committee - Housing Committee - Election Board

If interested, please fill out a "Letter of Interest Form" located on Tribes Website.

These Letters of Interest remain on file for (1) one year.

Please visit the Citizen Portal of the Tribal Government website at www.ctclusi.org/tribal-committees/ for more information.

For more information or if you have any questions contact:

Jeannie Miller, Administrative Support Manager

1245 Fulton Ave. Coos Bay, Oregon 97420
Phone: 541-888-7506
Email: jmiller@ctclusi.org

Missing and Murdered Indigenous Persons Day of Awareness

Contributed by Joe Gammon, Circles of Healing Program Coordinator

The recent MMIP (Missing and Murdered Indigenous Persons) event held in Coos Bay on May 5th 2024 resonated deeply with attendees, marking a significant milestone in the ongoing fight for justice and awareness. Commenced by CTCLUSI Chief Doug Barrett and Pamela Foster, the event not only shed light on the critical issue of missing and murdered Indigenous persons but also underscored the importance of community engagement and solidarity in addressing this pressing concern.

Chief Doug Barrett and Pamela Foster spearheaded the event, courageously unveiling the harsh reality of missing and murdered Indigenous persons in the region. Through poignant speeches and heartfelt testimonials, they highlighted the staggering statistics and personal stories that often go unheard. Their unwavering dedication to amplifying these voices brought attention to a long-standing issue that demands urgent action.



Chief Doug Barrett and Pamela Foster



Chief Doug Barrett and Kelly Bradley, Social Services Director





Photos provided by RJ Brenner and Joe Gammon









CANOE JOURNEY 2024

YOUTH PADDLE TO PUYALLUP

LANDING
PUYALLUP, WA.
JULY 31, 2024

PROTOCOL
AUGUST 1ST - 5TH



PULL WITH CTCLUSI TO
PUYALLUP, WA.
JULY 25TH - AUGUST 2ND

CANOE FAMILY WILL RETURN FOR OUR ANNUAL CTCLUSI SALMON CEREMONY

PULL ON OUR LOCAL WATERWAYS TO RETURN SALMON REMAINS
UMPQUA RIVER AUGUST 5TH
SIUSLAW RIVER AUGUST 6TH

Contact Chief Doug Barrett at doug.barrett@ctclusi.org or 541-297-2130

Tribal Elder Walks On

~ George Conrad Barton ~

George Conrad Barton, peacefully transitioned from this world on March 27, 2024, in Great Falls, Montana at the age of 87.

George's life journey began in North Bend, Oregon, on June 6, 1936 to parents Crystal M. Lapp and George W. Barton. He was born the same day the North Bend Bridge was dedicated. Both his Doctor and his father were at the dedication ceremony that day so George was delivered by the Nurse. Growing up in Powers, Oregon, George would ride the mail boat up the Rogue River to where is mother taught at school. His "payment" to the boat Captain was either a salmon or a trout. He was a 1954 graduate of Myrtle Point HS.



George was an active Tribal Elder, and proud member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians of Oregon. He was a descendant of Francis Elliot Talbot, a Miluk Coos Native of the South Slough.

George Barton held a lifelong commitment to his Tribe dating back to his role as Tribal Chairman during the Termination years in the Tribes history in the 1960's and 70's. He was instrumental along with others, who worked diligently for years to seek Restoration of his tribe. He was also integral in the return of the Tribal Hall to Tribal ownership during Termination. He was one of the main carpenters who helped rehabilitate the building to its glory and use. His dedication to his Tribe never stopped as he continued to serve as a Council member after Restoration. George served on numerous boards and Tribal committees including Culture, Elders, Budget, Investment, Coos Head Advisory, Oregon Cultural Coalition and served on the Commission on Indian Services to name a few. He was a great cook and always up for a food gathering at Tribal Hall. His bouillabaisse (fish stew), steamed mussels and pickled kelp were famous.

George attended Southern Oregon College (SOU), where he met his first wife Janet Craig. They had three children, and later divorced. He also attended Oregon State University, with major studies of Forestry and Forest Engineering and Institute of Marine Biology, and he was an avid Beaver's fan. His career began with logging with a family logging company, "Barton Brothers Logging". Later he took a position with Georgia Pacific where he became a supervisor from 1954, until the Mill closed in 1982. After 48 years of service in the timber industry he began early retirement.

Living active on the Oregon Coast, in Coos Bay he became a volunteer fire fighter with Charleston Rural Fire Department for 10 years and a member of the Board of Directors and President of Oregon Fire District Directors Association. He was also a member of the Coos Curry Council of Government Business Development Corporation. He loved cooking and all things outdoors, including fishing, hunting, rock collecting, panning for gold and woodworking. He enjoyed his own personal sawmill over the years and even crafted Myrtle wood furniture.

George shared an unbreakable bond with his loving wife of 43 years. He is survived by Barbara Barton, who stood as a pillar of strength by his side with devotion, and supported his commitment to the Tribe and local community. He is also survived by his beloved siblings, Amy Bolling and Constance Barton.

The Barton's life was blessed by their children: daughters Jean Schapper, Janet Dearing-Crowl, Diana Trombley- Kipling, and son David Barton. In addition to his immediate family, George leaves behind 9 grandchildren: Michael Nelson, Matthew Nelson, Madeline Montez, Jon Barton, Joe Barton, James Barton, Jeffrey Rutherford, Michael Rutherford, and Isabella Kipling. Further adding to the tapestry of his legacy are his 6 great-grandchildren: Ava Barton, Silas Barton, Jack Barton, Marcus Montez, Cienna Rutherford and Charlotte Nelson. He also has many loved nieces, nephews, great-nieces, and great-nephews.

George's cultural wisdom and teachings are held dear by those who were fortunate enough to learn from and spend time with him. He was honored to spend many summers as camp cook at the Native Youth Camp for the Natives Program of the 4J School District in Eugene, with some of those closest to him, Brenda and Joe Brainard. To all who had the privilege of crossing paths with George, his absence will be deeply felt.

Family and friends are invited to attend a gathering to honor George C. Barton on Saturday August 3rd at 1pm at the Tribal Hall 338 Wallace Ave, Coos Bay, Oregon. In lieu of flowers, the family requests donations in his name be made to the Tribal Elders Scholarship Program c/o CTCLUSI 1245 Fulton Ave Coos Bay, Oregon 97420.

"Remember, death leaves a heartache no one can heal.
Love leaves a memory no one can steal."



George Barton pictured with wife Barbara Barton

Elders Corner

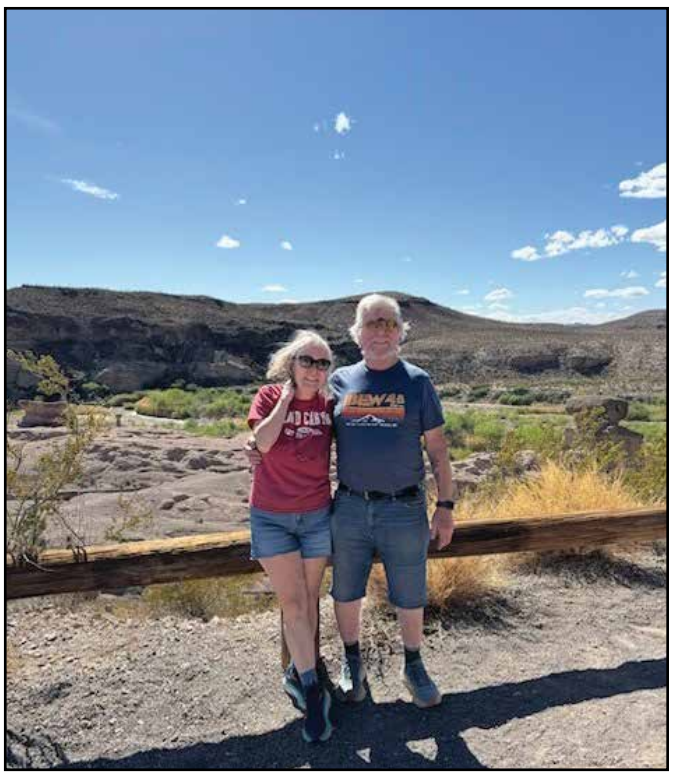
What's up, Elders?

Submitted by Kimmy Bixby, Community Health Representative

Coos Tribal Elder Stan McNutt, his wife Beverly and stepdaughter Bonnie took a month of travel to witness the eclipse. Heading through California, they enjoyed super blooms of cacti, staying in various parks. After passing by the Salton Sea, they arrived at Organ Pipe National Park in Arizona, on the border of Mexico, a place Stan fell in love with the previous year. They continued their travel through New Mexico, heading to Big Bend State Park, dipping their toes in the Rio Grande River. Continuing to Big Bend National Park, they stayed in Lajitas. It was in Lajitas, TX, that Stan finally saw roadrunners, a bird he had been seeking to see in the southwest US on several trips since retiring. Next, they went through Big Bend National Park, watching javelinas roam through their campground. Stan took a side day trip in a small boat to Mexico for lunch. Right after, they headed to South Padre Island, getting their toes into the Gulf of Mexico, celebrating Stan's 67th birthday in South Padre. From there, they headed to Eagle Pass, TX, and saw the eclipse, which was wonderful, the weather holding out for them. As they headed back towards home, they took in more sites, including the Alamo and Saguaro National Park, which also had a super bloom going. These are just some of the highlights of their wonderful trip.

Thank you for sharing, Stan and Bev McNutt!





Pictured above: Beverly and Stan McNutt Rio Grande at Big Bend State Park

Pictured above right: Stan, Bonnie, and Bev stand infront of The Alamo.



Pictured right:
Bonnie and Stan watching as the eclipse started



Pictured far right:
Stan, Bev with off duty service dog Merv and family pet Storm at the Gulf Coast

Welcome New Tribal Elder

Patricia Currier

SAVE THE DATE
ELDERS EVENT

Seven Feathers Overnight

Wednesday, June 12 - Thursday, June 13, 2024

RSVP by Monday, June 3, 2024

Call Jodi Beesley @ 541-888-7532.

Transportation is Provided. Space is limited.

Bingo with the Cow Creek Band of Umpqua Tribe

Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
Health Services Division
Elders Activity Program

Eugene Elders Luncheon

Thursday, July 11, 2024
11:30am to 1:30pm
Emerald Park Covered Area
1400 Lake Dr., Eugene, OR 97404



Hosted by Kimmy Bixby,
Community Health Representative

Join us for a lovely picnic and activities with Elders and Staff! We look forward to seeing you!

Guest Speaker will be an Instructor from River Road Parks and Recreation

Please RSVP by Tuesday, July 9
(541) 435-7155
Or toll free
1(888) 365-7155

Transportation is available from the Florence and Coos Bay offices.

May Was Mental Health Awareness Month!

Contributed by Three Rivers Health Center, Sean Huling, CSWA; Makenna Davis, CSWA; Cassy Cressall, PMHNP-BC

Did you know that 60% of tribal members who responded to a recent health survey said that mental health is one of the most important health risks in the community that needs to be better supported?

Finding care in Oregon can be difficult. Oregon ranks 48th out of all states in the country for access to mental health care. We need to do so much better!

We are hoping to help change that both for our tribal communities and for the residents of Coos County. Health care workers at Three Rivers Health Center will provide access to both medical and mental health care.

Our behavioral health director is psychiatrist, Dr. Alfredo Velez. Our second psychiatric medication provider is psychiatric nurse practitioner, Cassy Cressall.

We have four therapists on staff. Kelli Bosak is a Licensed Clinical Social Worker (LCSW). She is the lead therapist and supervisor. Mandilynn McClain will also be a clinic LCSW. Two Clinical Social Work Associates (CSWA) have joined the team. They are Makenna Davis and Sean Huling.

Even with access to mental health care, it is difficult for many people to ask for help. Stigma, prejudice, and discrimination against people who struggle with mental health issues are big problems. More than half of people with mental health conditions don't receive help. Some of the reasons that may cause people to avoid or delay seeking help is a concern that they might be treated differently or worry what other people might think if they ask for help.

Harmful effects of stigma include not only a reluctance to seek help but also social isolation, relationship difficulties with friends, family, and coworkers, lower self-esteem, and a belief that things can never get better.

If you are feeling depressed, sad, or anxious, it doesn't have to be that way! Help is available, and you have options. There are different forms of mental health care that people use to start their journey toward wellness.

If you are feeling depressed, sad, or anxious, it doesn't have to be that way!

Help is available, and you have options.

Psychotherapy will be offered at Three Rivers Health Clinic. There are many different types of therapy and about 75% of people who enter psychotherapy show some benefit from it.

Play Therapy uses play, storytelling, art and other activities to help children learn social, coping and other skills that will benefit them.

Prescription Medicine can sometimes help ease the symptoms of many mental health disorders. Both our psychiatrist and psychiatric nurse practitioner can meet with you and discuss whether medications could be helpful.

Focusing on Wellness is a great way to complement mental health care treatment and improves an overall sense of well-being. Meditation, exercise, improving sleep, eating healthy foods, learning new things, and developing a solid social support network are all important things that contribute to good mental health, and they are great ways to take care of yourself.

Plans that use these techniques are tailored to each individual person. Every person is unique, and every path is different. As you start your journey of healing and wellness, your behavioral health partner will be there to walk with you.

Your **Three Rivers Health Center** team is looking forward to serving you. We are planning to open June 2024. If you are interested in receiving care at Three Rivers Health Center, you can either call **(541) 435-7200** during business hours or fill out new client form at our website: https://threerivers.health/

If you are struggling with your mental health and **need help now**, please contact:

- Coos Health and Wellness 24/7 crisis line at **541-266-6800**.
- 24-Hour suicide hotline, **Dial 988**
- Text OREGON to 741741; or
- Go to the nearest Emergency Room.

References and Links:

Three Rivers Health Center (https://threerivers.health/) or call (541) 435-7200.

Tips for Talking With a Health Care Provider About Your Mental Health - National Institute of Mental Health. (https://www.nimh.nih.gov/health/publications/tips-for-talking-with-your-health-care-provider)

APA Foundation – Mental health care can work for you (mentalhealthcareworks.org)

Psychiatry.org - Stigma, Prejudice and Discrimination Against People with Mental Illness (https://www.psychiatry.org/patients-families/stigma-and-discrimination)

Psychiatry.org - Helping a Loved One Cope with Mental Illness (https://www.psychiatry.org/patients-families/helping-a-loved-one-cope-with-mental-illness)

Three Rivers Health Center
SEVEN GENERATIONS AND MORE!

Contributed by Pratip K. Nag, M.D., Ph.D. Chief Medical Officer

One early morning, two days before the opening of our Three Rivers Health Center (TRHC), I was walking down the road to find the river. As I walked I could smell the fresh scent of an overnight shower and feel the cool breeze. It was refreshing and wholesome. Mindful of my steps, looking around at all the buildings and places around me, I came across a beautiful logo mounted on a post. I looked at the logo with warmth in my heart for what you have all created for yourselves. There, beyond the fence, stood the beautiful traditional woodwork entrance to our clinic. I looked up and noticed an eagle circling above.

As I gazed at the eagle, I couldn't help but wonder about its thoughts. Perhaps it was a symbol of the strength and resilience that our tribes embody, soaring high above the challenges we faced.

On March 19, 2024, we opened the doors of our clinic, a testament to the collective effort of many. Our team, comprising of doctors, advanced practice providers, psychiatrists, social workers, therapists, nurses, front office staff, pharmacists, care concierge, janitors, medication delivery persons, and many more healthcare workers, filled the rooms and halls of this beautiful clinic. The words of John Reeves, our Health Administrator, reverberated in my mind, "It is going to be the future of how healthcare will be delivered". Over the next few weeks I got to know these wonderful healthcare workers that we have recruited to build this future.

We have been diligently working on all the different aspects of building a clinic for our wonderful tribes. There are three facets to building a clinic - Relationships, Processes, and Tools. Although each has its importance, the foundation of all effective endeavors is the building of relationships. We embarked on the work of learning about each other, our passions, why we left our previous jobs to take the risk to build something new, what our past experiences have been, how we like to be treated, the kind of culture we want to create for ourselves, and many such conversations and activities. The work of building relationships is aimed at building trust in each other. We all understand now that each of us has great intentions and we are here to serve the tribe and its surrounding community. ***I have to say, in over twenty years of building teams; this has to be the best one I have ever worked with - each of them is kind, caring, gentle, nonjudgmental*, and innovative!**

The team you have brought together has created a ***safe*** and ***welcoming*** space where the first and last thing you will see is a smile of welcome or gratitude for being able to serve you. As I gaze up at the eagle, I think, perhaps I feel the pride of the seven generations before us and the seven generations (and more) to come after us. Welcome to your one place to thrive for your mind, body, and spirit!

THREE RIVERS
HEALTH CENTER

Hydrating for Health

Why Drinking Water Is So Important

Contributed by: Diann Weaver, Assistant Director of Health Services
Source: National Institute of Health, Department of Health & Human Services

About two-thirds of your body weight is water. All your cells need water to work. Water is also the base for all your different body fluids, including saliva, blood, urine, sweat, and joint fluid. No living thing can survive without water. How do you know if you're drinking enough?

Your body loses water when you sweat, go to the bathroom, and even when you just breathe out. So, you need to drink enough water to replace what you lose. When you don't drink enough water, you can become dehydrated.

Signs that you're getting dehydrated include feeling very thirsty and having headaches. Your mouth or skin may feel very dry. And your urine may get darker because your body is trying to conserve water. Drinking fluids should be enough to relieve mild dehydration.

If dehydration becomes severe, it can cause confusion, fainting, an inability to urinate, and rapid heartbeat and breathing. At this point, it can be life-threatening, and you should seek medical help fast. Drinking liquids may not be enough to replenish your body's fluids. You may need to be given fluids intravenously—through a needle or tube inserted into a vein.

Recent NIH-funded research suggests that avoiding dehydration may not be the only reason to make sure you drink enough fluids. Dr. Natalia Dmitrieva, a heart researcher at NIH, has studied the long-term effects of not drinking enough water. In one study, her team found that middle-aged people who were not adequately hydrated were more likely to develop chronic diseases. The diseases included heart failure, diabetes, chronic lung disease, and dementia.

These people were also more likely to age faster and die younger. So, staying well hydrated might help you stay healthier as you get older.

The best way to avoid dehydration is to make sure you drink enough fluids every day. Ideally, you should get your fluids from water or other low-calorie beverages, such as plain coffee or tea, or sparkling or flavored waters. Nutritional beverages, such as milk or milk alternatives, or 100% vegetable juice, are also good options. Relying on soda, sports drinks, or other sugary beverages for most of your fluids can add many calories to your diet, and they have little nutritional value.

How much you should drink each day depends on many factors, including your age, where you live, and your body weight. And your body doesn't always lose water at the same rate. For instance, when you exercise or are active in hot weather, you sweat more and so need to drink more. But experts generally recommend drinking around 9 cups of fluids a day for women and 13 cups for men on average.

Certain diseases, like diabetes or chronic kidney disease, and some medicines can make you urinate more often. You also lose a lot of water when you throw up or have diarrhea or a fever. In these cases, you need to drink more water to avoid getting dehydrated.

Dmitrieva has changed her own drinking habits based on the results of her research. "When I started to see the results of these studies and then started seeing how much I drink, I realized that I drank less than needed," she says. "Then I just started to take one liter of water with me when I go to work. And I make sure that during the day I drink this one liter."

Wise Choices

Tips for Staying Hydrated

- Drink when you feel thirsty, if not before.
- Get your fluids from water or other low-calorie beverages, such as plain coffee or tea, or sparkling or flavored waters.
- Carry a bottle of water and refill it as needed during the day.
- Drink at regular times. For example, drink with meals.
- Drink water before, during, and after exercise.
- Drink extra fluids during hot weather or when you are sick.
- Get medical help right away if you experience confusion, fainting, rapid heartbeat or breathing, or can't urinate.

Seeds of Success Community Fellows Field School Internship July 8th – 19th, 2024

Contributed by the Culture & Natural Resources Department

Community Fellows interns will learn and implement a two-eyed seeing approach to create forests more resilient to climate change and learn how Indigenous Knowledge can help inform conservation and management on the CTCLUSI forest lands. Interns will work in the woods, collect seeds of native plants, and learn about ethnobotany, soil science, pollinator ecology, wildlife, forestry and ecocultural restoration while gaining employment skills in the outdoors.

During the 8-hour daytime sessions interns will be trained by CTCLUSI leaders and Oregon State University graduate students, collect data using science protocols and tools, and learn about forest ecology.

In the evenings there will be group activities such as traditional crafting using indigenous materials, storytelling, and games. Interns will camp during the work week, with the weekend off to go home. All meals will be nutritious and delicious, and private shower and bathroom facilities will be at the campsite.

Internship participants will work alongside OSU College of Forestry faculty and researchers as well as CTCLUSI Natural Resources and Forestry staff, performing research related to the restoration of culturally important plants on the Tribes' Lake Tract. Meals, transportation, and all work supplies will be provided. This will be an immersive experience, with participants camping at the Tribes' Deadwood Property. A stipend will also be paid to participants after program completion.

Community Fellows intern requirements and expectations:

- Ages 14 – 19
- Tribal family member or has a relationship with CTCLUSI
- Must remain on site with the group 24 hours per day during the week.
- Cooperate as a respectful team member and ask for help as needed.
- Must have the ability to walk long distances on brushy, uneven terrain.
- Interns will be required to register an account with Oregon State University (free) in order to be paid. An email address will be required. This is all done on-line and instructions will be provided.

For more information contact:

Ashley Russell, Interim Director of Culture and Natural Resources, (541) 888-7511 (office), arussell@ctclusi.org
Colin Beck, Director of Forest Management, (541) 261-3420 (cell), cbeck@ctclusi.org
Holley Carroll, Forestry Program Coordinator, (541) 888-7533 (office), hcarroll@ctclusi.org

INSTRUCTIONS

To be considered for a Community Fellows internship position, please answer these questions:

1. Name, age and tribal connection.
2. Describe your strengths. What are you good at that might be useful in a team setting?
3. What do you hope to bring back or learn from this internship?
4. Anything else you think we should know about you.

Options for submitting your responses:

Written option: in 250-500 words, send your written response in an email to fieldschool@ctclusi.org OR deliver a printed copy with your name and contact info to the CTCLUSI main office.

Video option: make a simple video of yourself, at least 1 – 3 minutes long, responding to the questions above and email to fieldschool@ctclusi.org

Special Scholarship Announcement

~ *Chief Doc Slyter Scholarship Opportunity* ~

The Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians are proud to announce the opening of the Chief Doc Slyter Scholarship, an exceptional opportunity to honor our late Chief Doc Slyter. This scholarship aims to support our tribal members in their educational pursuits and commemorate the legacy of Chief Doc Slyter.

Scholarship Details:

- Award Amount: Up to $1,000 each for two qualified applicants.
- Eligibility: Open to tribal graduating seniors in high school and higher education students furthering their academic careers.
- Application Period: Opens this week
- **Application Deadline: July 14th, 2024.**

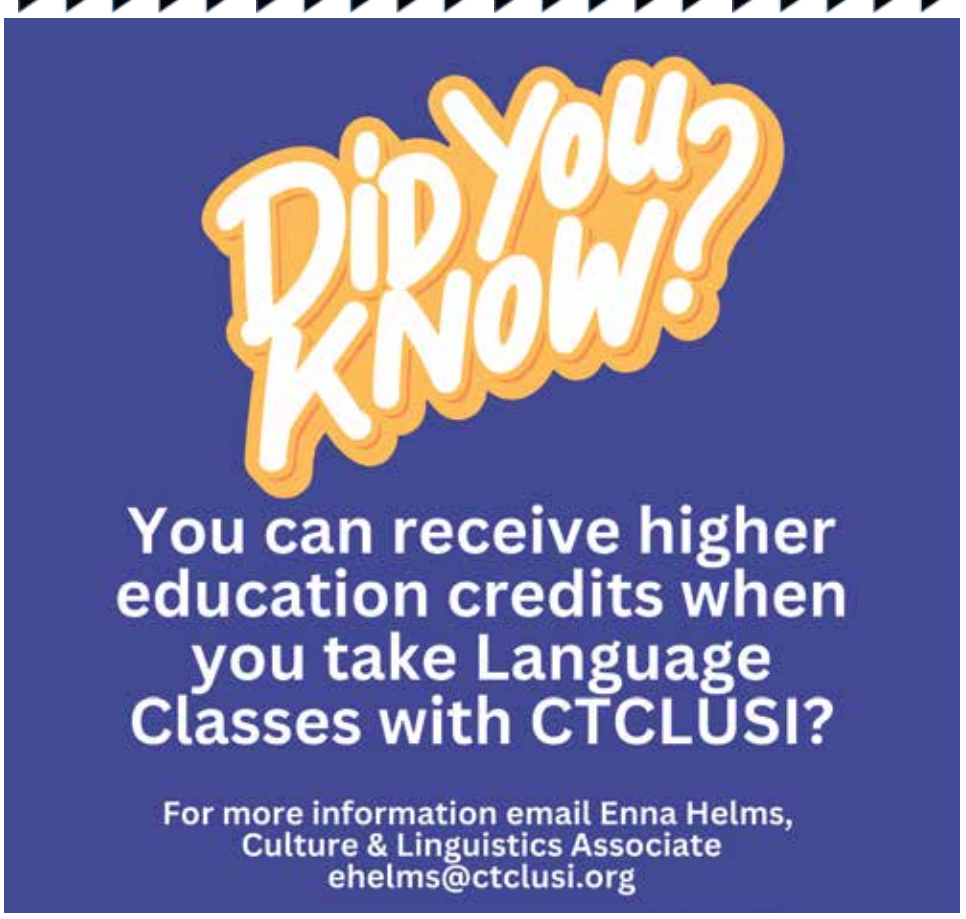
This scholarship recognizes and encourages the dedication and hard work of our students. We invite all eligible tribal members to apply and take advantage of this opportunity to support their academic journeys. The Education department will be providing outreach and reminders for tribal students to apply for this scholarship. Please reach out with questions to Jemiah Wassman, Director of Education at 541-888-1318 (office phone), or via email at jwassman@ctclusi.org. Also, tribal members can reach out to Morgan Cloud, Higher Education Specialist at 541-888-1319, or via email at mcloud@ctclusi.org.

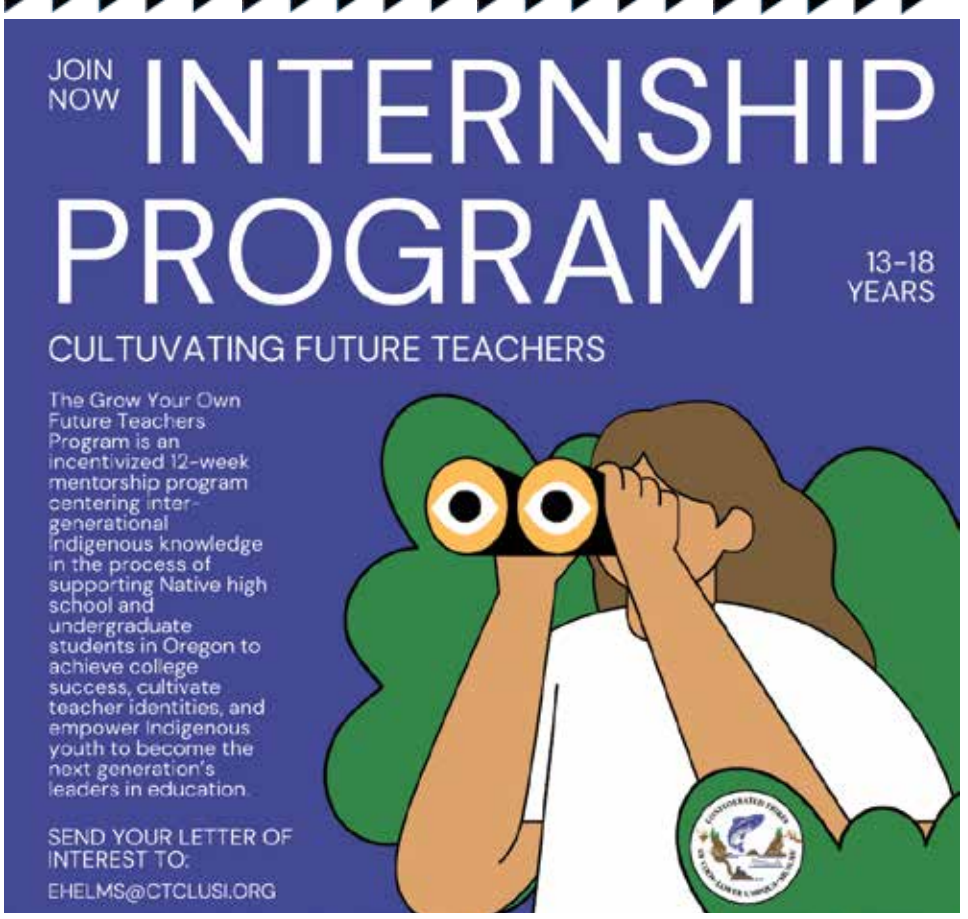




Commencement Speakers Need for Student Recognition Event - August 10, 2024

Interested in being a speaker at the upcoming Student Recognition event on August 10th? Want to share your higher education experience with youth and Tribal families?
Please call Morgan Cloud, Higher Education Specialist at 541-888-1319 or email mcloud@ctclusi.org





Tribal Member Accomplishments

Tribal Youth Avri Ludwig Headed to Nationals!

Contributed by Sara Ludwig



According to his marksmanship coach, Avri is shooting top 4th in the State of Idaho and 8th in Nationals. The badge he is pictured holding is for shooting 25 out of 25.

Avri will be able to letter for marksmanship too, for the Grizzly shooting team at Rocky Mountain High School 9th Grade/Freshman Trap and Skeet Shooting.

This is quite the accomplishment as this is Avri's first year shooting. He absolutely loves the sport and gets better and better each time.

Avri has also qualified to go to Nationals on July 15th in Michigan.

We hope to hear back soon to see how he did!

Good Luck Avri!

Siblings Thorin and Saralynn Gaines Receive Top Rankings in Marksmanship

Contributed by Tim "Kyle" Gaines

A little over a year and a half ago while using the Josephine County Sportsman's Park, we happened upon a flyer at the range bulletin board. The flyer was offering a chance for youth to join and participate with the Wild Rivers Shooters club. This club teaches youth discipline, concentration, and fundamental shooting safety while using precision marksman .22 caliber rimfire rifles. The kids that participate with the club learn how to properly handle the rifles, shoot a course of fire in accordance with range safety rules, and progressively learn to shoot from 4 different shooting positions.

They participate in weekly practices under the guidance of shooting sports coaches and certified match instructors. The goal is to eventually become proficient enough to shoot target matches against other kids from our own, and against other clubs. Currently our kids Thorin and Saralynn, and about 5 others from our club, have competed in 2 winter/ spring seasons of competition matches against Roseburg, and Medford clubs.

The competitions take place once a month against the other clubs, at any of the 3 different clubs indoor target ranges. We like that it teaches the kids to participate against other kids from other areas that they don't know on a regular basis. And that they have to compete in an environment that is similar, but not exactly the same as their home indoor range. The kids' competitions are broken up into different levels according to skills learned and proficiency seen from their coaches. At the end of each competition trophies are given to the best marksman in each individual category, Neophyte (or youngest/least experienced), Beginner, 2 position, or 3 position advanced.

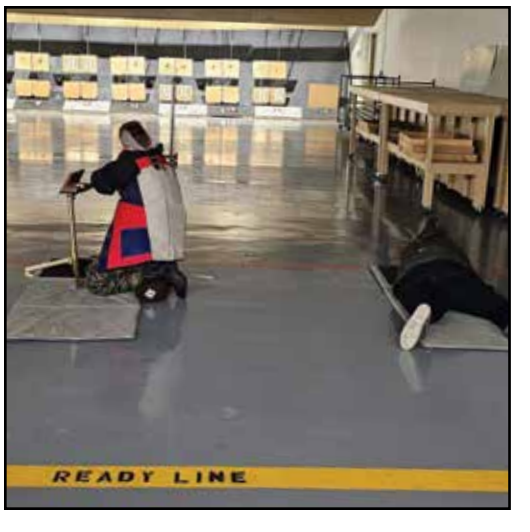
The kids are shooting these target match .22s with open sights, at 2 inch ringed targets for scores at 50 feet. They take 10 shots for score, at ten target circles on each paper, trying to hit closest to center as possible on each circle.

Both their mom Kayla Kopish and I, have taken a coaching role with all the kids because we both feel strongly that this course and club teaches great gun safety values, and is an open door for any youth to learn how to shoot properly, and safely. It has been a great way to connect with kids in our area, and teach shooting sports to anyone who wants to participate. Our kids have grown a lot from this and could someday participate in competitions around the country.









Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians

August 19th - 23rd

1ST ANNUAL

LANGUAGE REVITALIZATION CAMP

(Embracing Family & Culture)

Youth sponsorships available but limited.

Day Activities Location: Tribal Hall Reservation, 338 Wallace Ave, Coos Bay,
Camping Accommodations: Sunset Bay Campground, Charleston, OR

Join us for an enriching language experience that celebrates our culture while reconnecting with each other through the reintroduction of language in our homes and community.

RSVP: https://laserfiche.ctclusi.org/Forms/Language-Revitalization-Camp

Camp Contact: For stipend and programming information, please contact Enna Helms at (541) 297-7538 or email ehelms@ctclusi.org.

Confederated Tribes of
Coos, Lower Umpqua and Siuslaw Indians

Department of Human Resources

Current Openings as of 5/20/2024

Tribal Government Offices Job Opportunities

- *Accounts Payable Specialist – Coos Bay*
- *Administrative Assistant II – Florence*
- *Advanced Practice Provider - Medical – Coos Bay*
- *Circles of Healing Transitional Services Specialist – Eugene*
- *Cultural Stewardship Associate – Location TBD*
- *Dental Assistant I. – Coos Bay*
- *Gaming Inspector – Florence*
- *Laboratory Manager – Coos Bay*
- *Lead Forester – Coos Bay/Remote Work*
- *Medical Assistant Primary Care (Phlebotomy Preferred) – Three Rivers Health Center – Coos Bay*
- *Physician- Family Medicine – Coos Bay*
- *Quality Assurance Specialist – Coos Bay*
- *Special Events – On Call – Varies on assignment*
- *Wastewater Plant & Water Systems Tech. I. (2) – Florence*

Please visit Job Opportunities on the Tribes website for full job descriptions and benefits available. You may also apply for any position online. ***http://ctclusi.org/jobs***

Updated Frequently

Please email questions to ***recruitment@ctclusihr.org***



CLUSI YOUTH COUNCIL

Are you 14-24 years old?

What do you think our Youth Council should do for the community?

Would you like to attend camps, summits, conferences and trainings that can better both you and your tribe?

Are you interested in community service?

Are you interested in helping out anyway you can?

Would you like to keep updated about Youth Council in general?

youthcouncil@ctclusi.org



Upcoming Events

RSVP for events by calling

1-541-435-7155

June 2024

Three Rivers Health Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28 miluk language class 4pm-6pm	29 hanis language class 4pm-6pm	30	31 sha'yuushtɬa uɬ quuiich language class 10am-12pm	1 ***Three Rivers Health Center Grand Opening***
2 Maple Bark/ Root/ Tule/Sedge Gathering	3	4 miluk language class 4pm-6pm	5 hanis language class 4pm-6pm	6	7 sha'yuushtɬa uɬ quuiich language class 10am-12pm	8 Spring Language Game Night
9 Regular Council Meeting 10:00am	10	11	12 Elders Overnight at Seven Feathers	13	14	15
16	17	18 Summer Solstice Activities	19	20 Summer Solstice Day	21 Deadline for Salmon Ceremony T-Shirt Design Contest	22
23	24	25 Wellness Warrior Camp, Grand Ronde, Oregon	26 Business Council Meeting 6:00 p.m.	27	28	29 UNITY
30	1	2 UNITY Conference, Portland, Oregon	3	4	5	6

July 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4 Independence Day All Tribal Offices Closed	5	6
7	8 Seeds of Success Community Fellows Field School	9	10 Fresh Air Day Camp	11 Elders Luncheon Eugene 11:30 am	12	13
14 Chief Slyter Scholarship Deadline Regular Council Meeting 10:00am	15 Seeds of Success Community Fellows Field School	16	17 Fresh Air Day Camp	18	19	20
21	22	23	24	25 Canoe Journey: Youth Paddle to Puyallap	26	27
28	29 Canoe Journey: Youth Paddle to Puyallap	30	31 Business Council Meeting 6:00 p.m.	1	2	3
4 ***SALMON CEREMONY***	5 Return Salmon remains Umpqua River	6 Return Salmon remains Siuslaw River	7	8	9	10

Hiis Haiyach – with a good heart

PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.

All Peacegiving issues are confidential.



Photo by Morgan Gaines

For more information about Peacegiving, please visit the Peacegiving Website or contact the Peacegiving Coordinator at the address listed below.

Peacegiving Coordinator
1245 Fulton Avenue
Coos Bay, OR 97420
PHONE: (541) 888-1306 or (541) 888-1316
EMAIL: Peacegiving@ctclusi.org Website: https://ctclusi.org/tribalcourtpeacegiving

WELLNESS COURT

Are you in trouble with the law?
Are you suffering with drugs, alcohol or addiction?
Are you ready to make a change?
What does true Wellness look like for you?
A life without drugs or alcohol is possible for you.
Make the choice for a better life.



Confidential

Contact Tribal Wellness Court.
(541) 888-1307

Good NEIGHBOR

MONDAYS 6PM-9PM
$50 Cash Hot Seats every 30 minutes PLUS $10 Free Play Good Neighbor Prize for the whole bank.

Cash IN THE Bag

TUESDAYS 7PM-9PM
Drawings every 30 minutes to win a Designer Bag. PLUS, a cash prize up to $250! One entry for every 50 same-day points earned on Tuesdays.

keep Fishin' or Cut bait

WEDNESDAYS 7PM-9PM
Drawings every 30 minutes to play Keep Fishin' or Cut Bait and win up to $2,500! Receive one entry for every 50 same-day points earned.

Café 1297

FATHER'S DAY
Surf and Turf
Sunday, June 16
11AM TO 9PM

Ribeye steak, golden-fried shrimp, mashed potatoes, brown gravy and vegetables. $30

FRIDAYS
Ca$h Party
$1,000 DRAWINGS
DRAWINGS EVERY 30 MINUTES
7PM-9PM

Café 1297

JUNE WEEKLY SPECIALS

Monday - Thursday served from 11am-10pm
Friday - Sunday served from 4pm-10pm

MONDAY - SLOPPY JOES $20
TUESDAY - GRILLED OYSTERS $25
WEDNESDAY - MALIBU CHICKEN DINNER $20
THURSDAY - SMOKED TRI-TIP SANDWICH $25
FRIDAY - SLOW-ROASTED PRIME RIB $30
SATURDAY - SHRIMP ALFREDO FLORENTINE $28
SUNDAY - CHEF'S CHOICE

$250,000 MEGADRAW

SATURDAYS
GAMES PLAYED EVERY 30 MINUTES
6PM TO 9PM

One game piece for every 200 same-day points earned.
Limit 2 game pieces per day

MATCH	YOU WIN
6 OF 6	$250,000 CASH
5 OF 6	MEGADRAW PROGRESSIVE
4 OF 6	$1,000 CASH
3 OF 6	$100 FREE PLAY
2 OF 6	$10 FREE PLAY

THREE RIVERS CASINO
COOS BAY
541-808-9204 | THREERIVERSCASINO.COM